

No 153

13 Aug 1838

With Copy of Sick Book & Synopsis

FRIGATES

Journal of Her Majesty's Female Convict Ship "Atwick"

Peter Leonard Surgeon

**Between: the 21st August 1837
and 31st January 1838.**

Copy of the Daily Sick Book Female Convict ship "Atwick"

When first on the sick list	Names	Age	Quality	Disease or Wound	When put off the Sick List	How disposed of
November 8	Janet Fell	10	Free Woman's Child	Ambustio	November 23	Discharged
9	Grace Himbury	25	Convict	Hysteria	11	"
"	Elizabeth Davies	18	"	Ophthalmia	December 22	"
10	Margaret Gillon	22	"	Hysteria	November 11	"
13	Catherine Martin	40	"	Diarrhoea	17	"
"	Hannah Collis	47	"	Rheumatismus	January 14	"
"	Margart Gillon	22	"	Hysteria	November 19	"
17	Eliza Taylor	22	"	Febris Synochus	20	"
21	Margaret Main	26	"	Ophthalmia	29	"
29	Margaret Gillon	22	"	Hysteria	December 26	
December 11	Elizabeth Ellis	19	"	Scorbutus	January 21	"
12	Jane Fell	45	Free Woman	Phlegmon	December 22	"
22	Charlotte Stevens	18	Convict	Colica Accidentalis	26	"
"	Georgina Harper	21	"	Cynanche Tonsillasis	27	"
24	Frances Shepherd	24	'	Premature Labor – child putrid	31	"
27	Sarah Ferguson	26	"	Natural Labor – child healthy	January 6	"
1838 January 3	Elizabeth Davis [Davies]	18	"	Ophthalmia	25	Sent to Hospital
9	Eleanor Pollard	34	"	Cynanche Tonsillasis	14	Discharged
21	Elizabeth Davidson ¹	33	"	Rheumatismus	25	Sent to Hospital

[signed] P Leonard

Surgeon Superintendent

¹ Note name listed Davidson Eliza on ConvictsInDatabase and age given as 53.

Nature of Disease	No of Case	[Wo]Men's Names, Ages, Qualities, Time and When and Where taken ill, and how disposed of	The History, Symptoms, Treatment and Daily Progress of the Disease or Hurt
Febris Synochus	7	<p>Eliza Taylor States 22 Convict Nov 17th 1837 at Sea Lat 7.03 S Long. 32.05 W</p> <p>Discharged 20th Nov 1837.</p>	<p>Patient a strong, muscular and Plethoric woman. Complains this morning of pain in the forefront and top of the head and general uneasiness with a fixed pain in the loins. Had a rigor during the night and has felt chilly and unwell at intervals for the last three days. Pulse 116 – full but soft – skin hot and dry – tongue white – eyes suffused and blood shot – bowels constipated – menstrual period-at all times regular is just over – urine high coloured and scanty. A dose of Sulphate of Magnesia had been taken very early this morning since which she has felt considerable nausea.</p> <p>Rx Hydrasg Submur gr vi Antimon Palvesis gr viii [...] [.....] 4pm Bowels opened – no relief – very restless [?Detrahantric] sanguinus ℥xvi Great relief obtained from the bleeding – headache nearly removed.</p> <p>Sumat Aqi Aqua Ammon Decat ℥i Secunda q.q.hora – Yeast water acidulated with [?...] citrate of Potass for drink. Body washed from head to foot with soap and water – to be afterwards sponged with Vinegar and Water and the head kept cool with the same.</p> <p>18th November – much better – pulse 92. Soft-headache removed and tongue cleaner – skin temperate. Feels altogether so much better that she desired to sit upright – bowels free. Continue the Draught every four hours. No food to be given but tea and Barley water.</p> <p>19th. Convalescent – considerable weakness remaining. Sago + Rice allowed with a very small portion of Wine.</p>

			21 st Removed from the Hospital – continued progressively to gain strength afterwards.
Nature of Disease	No of Case	[Wo]Men's Names, Ages, Qualities, Time and When and Where taken ill, and how disposed of	The History, Symptoms, Treatment and Daily Progress of the Disease or Hurt
Scorbutus Commencing with symptoms of Pleuritis	8	Elizabeth Ellis States 19 Convict Dec 11 th 1837 at Sun Lat 37.41 Long 9.52 Discharged 21 st January 1838	<p>Patient of a pale and sickly aspect although generally enjoying good health. Complains of severe pain under the left mamma which affects her respiration. Pulse accelerated but soft – skin temperate, tongue clean, bowels regular.</p> <p>App. Emp. Lytte. Past to back. Capias Aqua Antim. Tart. Grss – quatra qq hora.</p> <p>Vespers – three doses of tartar emetic have been taken – the first two completely emptied the [?Primo Vid] the last two produced no nausea or purging. Blister risen well. Patient feels much easier – has less pain in chest and is breathing more freely. Diet sago or gruel and tea.</p> <p>12th Continues better – pulse 100 weak – pain in chest not felt unless when attempting to fill it. Blister discharging freely.</p> <p>14th Pain in chest removed. Patient feels excessively weak – pulse 110, feeble and increased on any exertion – countenance very pallid – breath foetid – bowels open daily – stools dark coloured – appetite gone.</p> <p>Rx Quinae Sulphatis gr ii Acid Sulphur d. gr ii Aqua ℥ fiat Haustus dis in die capias haust</p> <p>Rx Ipecac Pulv gr xii Rhei Rad Pulveous gr xviii fiat Pil One omni nocte Same diet with a little wine daily.</p> <p>19th The patient has continued since last report without improvement. Today there are marked symptoms of Scorbutus which there is little doubt has been the nature of the complaint</p>

			<p>from the commencement. The Gums are slightly red, swollen and tender and bleed when being pushed gently and the legs below the knees are marked with several irregular pink coloured blotches. Patient is free from pain but feels excessively weak and has lost flesh considerably. The pulse is 100 and feeble and becomes very rapid on making any exertion or even sitting upright - her countenance is very pallid and her breath peculiarly foetid. Bowels are still opened daily and the evacuations of the same character – dark coloured and foetid. Omit the Pills and the Quinine.</p> <p>Rx Nitrates Potassae ℥ 1 Acetic ℥ vii Ol Pipe Menthe gr iif Sacchari q.s. Mitte Confectio Aqua Half a fluid ounce twice a day</p> <p>Diet to consist of preserved meat with vegetables gradually increase as stomach will bear it. A little port wine daily and lemonade for drink to be used ad libitum.</p> <p>21st December. Improved – Pulse 84 and stronger. Spots on the legs have assumed the usual blue or livid appearance of those occurring in Scorbutus resembling so many slight contusions with blood extravasated under the skin and raising it above the level of the general surface. Patient was taken on the Poop for the benefit of the air and sat there for two hours – expressed herself much better for it. Same treatment to be continued.</p> <p>25th. Very little change – Has every evening a sense of chilliness which lasts for about an hour and is succeeded by heat and perspiration. Her strength is however improved – she is able to walk on deck daily when the weather is fine and remains there</p>
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			<p>two or three hours.</p> <p>Rept. Haust. Quinae Suplh hor meridian. Confs. Also</p> <p>30th. Complaint seems stationary – no increase in the size or number of the swellings on the legs or diminution of strength. Potatoes and other vegetables ordered for food with the preserved meats and four glasses of wine daily. Omit the Nitres and Vinegar.</p> <p>January 1st 1838. Improved in all respects – a palpable increase of strength and appetite and a decrease of foetor in the breath and of the swellings in the extremities. Continue the Quinine draught at noon – the fresh meat and vegetable diet with wine and lemonade for drink.</p> <p>6th. Progressively improving – Scorbutic tumors disappearing. Pergat.</p> <p>10th. Nearly convalescent but still weak – omit the Quinine. Continue the same diet with an occasional laxative of Rhubarb, Magnesia and Ginger.</p> <p>From this period she continued rapidly to improve and was discharged on the 21st every bad symptom being removed and her strength restored.</p>
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