

Surgeon's Journal of Her Majesty's Female Convict Ship Lord Sidmouth
Mr Robert Espie, Surgeon
from 22 August 1822– to 1 March 1823
Adm. 101/44/10

PA301023JPG

A Journal and Diary, of the treatment and regulation of ninety-seven female Convicts, and twenty-three children, together with twenty-one free women (passengers, and forty-nine of their children), embarked on Board the Lord Sidmouth in September 1822 for passage to Van Diemen's land and New South Wales.

Robert Espie
Surgeon & Sup^t.

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A copy of the Rules and Regulations to be observed on Board the Lord Sidmouth Convict Ship during her voyage (to) New South Wales – which was hung up in the prison.

1st

The Surgeon & Superintendant being strictly enjoined to prevent all unlawful intercourse between the sailors and the women, he will punish most severely every appearance of intimacy or advances towards it.-

2nd

Any woman who shall be guilty of swearing or any expression of an indecent or immoral tendency (shall) be punished by solitary confinement and put on a bread and water 'till she shall appear to have mended her conduct.-

3rd

Cleanliness being essentially necessary for the health and comfort both of the Convicts- and passengers it is particularly order'd that the persons occupying each Bedcabin or Berthplace shall make or fold up their Bed Blanket and pillow in a tight Roll with three cords ready for being stow'd upon Deck and that they will then make their positions of sleeping places and the Deck as clean as shall be judged necessary by the Surgeon & Sup^t. who will inspect them every morning before Breakfast. Any deviation from this will meet the severest punishment.-

4th

Any person disturbing the peace and comfort of the rest either by sitting up late or being up unnecessarily at night shall be curtail'd of all indulgence during the passage and on arriving at N. S^o Wales shall be reported as troublesome characters to the Governor.-

5th

Any person found thieving from others shall be made a severe example of by putting them in solitary confinement on Bread and water and stopping all indulgence untill evident signs of Reform take place.-

6th

That the prisons shall be convinced they have the due proportion of the Victuals allow'd them by Government - it is the Surgeon and Sup^{ts}. directions that two women shall attend alternately to the issuing of the provisions and that this may not be dispensed with.-

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7th

The Surgeon being anxious to establish a system of good order and industry at the period of the home embarkation thinks it is necessary to say that all complaints and grievances are to be represented to him only, and that in order they may appear clean and decent they shall be allowed two washing days every week Vig^t: Tuesday and Friday, but it is of the same strictly forbid they should make any waste of the fresh water.-

Thursday August 22nd 1822 off Woolwich (lost in binding)

Ten o'clock received the convict women from Maidstone goal of a healthy and robust appearance- In the evening received more from Liverpool – Served them each with bed Blankets and pillow - and secured them below – open'd 1 cask of Flour 1 Suet 1 of pease 1 of oatmeal 1 of Sugar 1 of Rice 1 of Pork 1 Canister of Tea for use of the Prisoners.

Friday August 23^d 1822 Woolwich

In the course of the forenoon received thirty-one home Prisoners from Newgate 8 from Bristol, and 2 from Hosremonger Lane gaol together with 13 children all I am happy to say in a healthy and orderly state placed them in proper messes and issued them their Bedding and regulated them as I could best devise for their health and comfort – In the evening received 4 female convicts from York Castle making a total on B^d. of 53 – placed a Scale of the Victualling in the prison – There is yet no appearance of any improper liberties on the part of the Sailors- a little after Sunset secured them below.-

Saturday Aug^t. 24th 1822 Woolwich

Weather moderately hot today open'd the prison at six o'clock and had all the beds tied up properly, and stowed upon deck – made the women scrub and clean every part of the prison most strictly shewing them what would be expected thr'out the ensuing voyage, which I am happy to say has been easily enforced among them- at 9 o'clock Mrs Pryor made one of her visits and distributions among the prisoners many useful articles of Haberdashery etc. Secured the women below a little after Sunset.-

Sunday Aug^t 25th 1822 Woolwich

Weather cool and comfortable this morning – had the prison open'd at six o'clock- Stow'd the beds and bedding upon Deck, and made the women scrub and cleanse every part of the prison before Breakfast – I find them very tractable and kindly to each other – at nine o'clock (a.m.) made them clean themselves for Divine Service which as performed in the prison – none indisposed – secured (them?) below at dark.

PA301026.JPG (begins 2 lines above) Monday Aug^t 26th 1822 Woolwich

Weather today cool and fine – regulated the women precisely as yesterday with regard to cleanliness, find (them?) apt and expert at cleaning and orderly behind? particularly? those from Newgate. at ½ past nine Mrs Pryor paid us a visit and remained on Board 'till two o'clock She gave the women several useful articles such as aprons. none indisposed. Received five prisoners – four from Nottingham and one from the city of York.-

Tuesday Aug^t 27th 1822 Woolwich

Open'd the prison door at six o'clock and stowed the beds on Deck, afterwards making the women clean every part of the lower deck and bedplaces most thoroughly with sand?(lost in binding) and Holy Stones – regulated their Bags and Boxes in four? places some in the Sick Bay and others in the hold. at 11 o'clock received five prisoners 1 from Exeter 1 from Leicester 2 from Chester 1 from Warwick? arranged them into proper messes and gave them their bedding – Soon after sunset secured them below.-

Wednesday Aug^t 28th 1822 Woolwich

Weather -dull and inclined to be wet, open'd the prison door at 6 o'clock and had the bedding stow'd upon Deck as usual made a woman from each mess remain below to clean the bedplaces – at 8 o'clock went to Breakfast as customary- Received eleven prisoners 1 from Stafford five from Newcastle four from Ilchester and one from Carlyle together with their children – embarked 3 free women & five children - none of the women indisposed – Secured them below at dark. –

Thursday Aug^t 29th 1822 Woolwich

Weather boisterous but not wet – had the prisoners on Deck at 6 o'clock and stowed the bedding as usual – had the prison well clean'd before breakfast - at 8 o'clock the decks were nearly dry admitted the women below. In the course of the evening one of the free women fell from the Deck into the forehold by which she received a considerable fright, but strange to say no particular hurt- took 20 oz of Blood from her arm as soon as the confusion which the fall had occasion'd had subsided- none otherwise indisposed – Secured them at night.-

PA301027.JPG(begins in 2nd line) Friday Aug^t 30th 1822 Woolwich

Weather very fine and moderate, made the women attend to their comforts in respect of cleanliness nearly as yesterday – two convicts ailing from complaints of their Bowels, which I think has been occasion'd by the water which is sometimes at this place brakish(sic)- gave them each a small dose of Salts dissolved in a large portion of water which had the desired effect of cleansing their Bowels & entirely relieving-. In the course of the forenoon rec'd 14 convicts - Vig^t: 1 from Nottingham 2 from Wiltshire 4 from Preston and 7 from Lancaster disposed of in proper Messes & Berths and as usual took account of their clothes. Mary Ennis the cook woman is still labouring under the effects of the fall, but has no particular symptoms that require anything further than a cooling dose of physic – In the evening received 4 free women with eleven children – Regulations same.-

Saturday Aug^t 31st 1822 Woolwich

Weather serene and beautiful, had the prison clean'd & regulated as usual – and the bedding stowed upon deck – nine o'clock Mrs Pryor and Mrs Coventry came on Board and issued to the women several useful articles besides a great deal of good advice – In the course of the forenoon received 4 prisoners 1 from Norwich and 5 from Gloucester(sic) – put them into Messes – Elizabeth Berry (convict) has been taken excessively ill during the night with inflammation of her Lungs, she says she has felt it coming on her for the last three days attended with a little relaxation of her Bowels the pulse is? hard and quick and the skin hot and dry I now deploy'd the Lances 'till I had caused a relaxation of all the urgent symptoms, afterwards giving her a saline purgative. The woman who fell from the Deck a few days ago feels nearly recover'd – We have at present on B^d 92 Convicts – with 17

children and 17 free women with 36 children – Secured the prison doors a little after Sunset, and the free womens place at 9 o'clock.-

Sunday September 1st 1822 Woolwich

Weather same – regulations with regard to cleanliness same as before at 11 o'clock muster'd all the women and found them exceedingly clean – assembl'd them for Divine Service which was performed by a clergyman from Hampstead they conduct themselves very orderly so far – many of the women complain of laxity of their Bowels, which may be attributed to change of living it has in no case yet been serious and is generally removed by cleaning the Bowels of the offending matter – at night received 4 p^{rs} from Edinburgh regulated them as customary – other regulations same.-

Monday September 2nd 1822 Woolwich

Stowed the beds on deck at 6 o'clock and had all the women up except one of each Mess who was kept below for the purpose of cleaning the berthplaces – at 8 o'clock inspected every part of the prison which I found clean and comfortable – at 12 a.m. received a convict from Lincoln. muster'd all the p^{rs} at Sunset and secured them below.-

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Tuesday September 3rd 1822 Woolwich

Weather very fine – have had the beds stowed and the prison and free womens place made exceedingly clean before breakfast. none of the women seriously ill altho' there are several who have not recovered completely the effect of ther Diarrhea(sic) which they have had – I was busily employed thro'out this day in having all the superfluous Luggage both belonging to the convicts and free passengers stowed away in the Hold – directed every prisoner to wear quol? Clothing - had the Beds put below at Sunset and after secured the prison door. There are now on B^d 19 free women with 44 children and 97 Convicts with 22 children.-.

Wednesday September 4th 1822 Woolwich

Weather remarkable fine – had all the beds stowed on Deck by six o'clock and kept a woman of each berth below for the purpose of cleaning it– kept all the women on Deck 'till –? o'clock when the prison looked beautifully clean - ? of the prisoners begin to be obstreperous which will shortly render it necessary to punish them if they persist in it. The derangement of the Bowels seems to go almost over the whole of them, but it is of no serious moment being almost generally removed with a single dose of Salts followed by an Anodyne at night.- Secured the doors at dark as usual.-

Thursday September the 5th 1822 Woolwich

Weather rather boisterous thro'out the day – had the beds stowed and prison clean'd before breakfast as yesterday. at ½ past nine Mrs Pryor came on B^d. and distributed a great quantity of useful articles and as had been previously issued to other Messes when she last visited us- she remained on B^d. 'till three – none of the prisoners seriously indisposed and every (thing?) at present appears pleasant and agreeable – had the bedding sent below at Sunset and secured the prison shortly afterwards and the free womens place at 9 o'clock.-

Friday September 6th 1822 Woolwich

Weather serene and mild - Regulations not materially differing from other days- The prison and free womens place both very clean –made a Request to the Master of the Ship that he would appoint two lads to do nothing else but attend to the lower deck – which he did – had a visit from Mr Capper of the Secretary of States office who expressed himself highly pleased with the ship and the regulations I had put in force – had also a short visit from J.T.Bigge Esq. late Commissioner to N.S.Wales. Women generally in good health and tolerably tractable.

PA301029.JPG (begins on 3rd line below) Saturday September 7th 1822 Woolwich

Weather very fine. had the beds stowed on Deck at six o'clock and the prison and the free womens places clean'd out before breakfast – at 8 a.m. inspected the berthplaces all thro'- nine o'clock Mrs Pryor came on Board and completed all her arrangements, having given, each of the women a quantity of patchwork and other articles to employ them during the voyage – two women unwell one from the effects of seasickness in coming from Scotland and the other from a severe cold – secured the prison at dark.-

Sunday September 8th 1822 Woolwich

Weather today gloomy and boisterous, made the prisoners and free women clean their places as usual Handcuffed Mary Turner for violent and abusive conduct last night in the prison after dark – at eleven a.m. mustered all the women – Bond and free clean for Divine Service which was performed by the Rev^d Dr Marsh of Hamp(lost ending)? Mrs Pryor and two gentlemen from the Missionary Society came on B^d. and gave a Bible to each Convict woman in the Ship and deliver'd a suitable address and at 3 p.m. Mrs Pryor read an address to the women which was? extremely appropriate and affecting. She afterwards took leave of them in a most kindly and affecting manner. one woman weakly and confined to bed from the effects of Seasickness- every thing agreeable and pleasant thro'out the day – bedding not up today – Secured the prison as usual at dark.- Released Mary Turner at night.-

Monday September 9th 1822 Woolwich

Weather a little boisterous but not unpleasant, had the prison and the free womens places well clean'd out in the morning – Beds stow'd on Deck as usual- none seriously ill altho' some trifling ailments exist such as slight colds

& Diarrhea- every thing quiet and orderly thro'out the day, a little after Sunset secured them below – open'd 1 cask of Butter and 1 of Sugar.-

Tuesday September 10th 1822 Woolwich

Weather dry but a little cold – had the beds stowed on Deck as usual, and the prison properly clean'd out, at 8 o'clock allow'd them below for breakfast. Handcuffed Ann Bolland for violent and abusive language, but released her shortly on a promise that she would behave well thro'out the voyage, none seriously ill – Served a Towel to each of the Convicts – at a little after Sunset secured the prison, and locked the free women in at nine o'clock.-

Wednesday September 11th 1822 Woolwich

Weather cold this morning, but not unpleasantly so, had the beds stowed and twixt decks clean'd before 8 o'clock as usual – two convict women complaining one of them of a cold and slight pain in her chest and the other of a reaching(sic) and unsettled state of the stomach produced from the motion of the vessel she came on from Firth - In the evening received our sailing orders and proceeded as far down the River as Gallions – kept the women & children below to be out of the people's? way in working the Ship – Secured the prison a little after Sunset and the free womens place at eight o'clock. The Rev^d Mr Williams of the Church Missionary Society with his wife and three children embarked today for a passage.-

PA301030.JPG

Thursday September 12th 1822 - proceeding down? the Thames

Weather cool but very fine, had all the beds stowed on Deck at half past six this morning and made the women clean all their berthplaces and the prison deck as usual – one of the women ill from a cold and sore throat. The prisoners conduct themselves tolerably well so far – In the evening came to an Anchor a little below Gravesend – had the women below most of the day in consequence of the Decks being (in) confusion - Secured the prison doors a little after Sunset.

Friday September 13th 1822 - below Gravesend

Weather rough and rather cold – wind blowing from the East. Regulations during the morning entirely the same as on other days – Several children ailing from colds and affections of their Bowels – kept the women below most all this day owing to the ..?th of getting under weigh etc. a little after Sunset secured the prison.-

Saturday September 14th 1822 Queen's Ch(annel?)

Weather remarkably fine. had the prison clean'd as usual, but could not stow the beds on Deck owing to the Ship being about to move and many of the women Seasick – Elizabeth Collins, Convict, has been seized during the night with a violent affection of the Chest, and most prompt antiphlogistic measures (with her) which in? the course of the day nearly reduced it - other remains as yesterday.-

Sunday September 15th 1822 At Anchor off Margate

Weather rough and the ship very uneasy, which has made all the women seasick – Beds not up and had but a very imperfect cleaning of the 'tween Decks - Elizabeth Collins has had a good night, having been largely purged during the last 12 hours – she appears to breathe without pain – I therefore have not given her any medicines and will wait symptoms- I have been much employ'd thro'out the day making those who are able to move about attend upon the rest – locked the prison and free womens places at dark.-

Monday September 16th 1822 off So Toreland

Weather serene and pleasant this morning, which has served us very much in getting the women and children on Deck to wash and clean themselves after their seasickness – had the prison and free womens places as well clean'd out as circumstances would admit of – Beds not upon Deck owing to the unsettled state of the Ship – several women applied to the Hospital this morning with complaints of their bowels and colds, but none of them at all serious – Elizabeth Collins has had no relapse – I have been constantly employ'd thro'out the day attending to various little wants and arrangements – Handcuffed Ann Jackson and Ann Bell for violent and abusive conduct and put them into the Coal Hole several hours during the day - Secured the prison and free womens place at Dark open'd 1 cask of Vinegar and 1 cask of Beef 6377.38.P =

PA301031.JPG

Tuesday September 17th 1822 off Dungeness

Weather damp and foggy, but withal mild – had all the beds stowed on Deck and the women up except one? of each Mess who was left below for the purpose of cleaning etc. at half past 8 allowed them to go below – prison and free womens place being exceedingly clean & dry. one of the women complains of an acute pain in her chest, but which is unattended by febrile symptoms. Gave her a small dose of purgative medicine – Regulations in the evening same as before – open'd a cask of Beef.

Wednesday September 18th 1822 off Torbay

Weather fine wind from the North Eastward, and the Ship making rapid progress to the Southward – had the beds stowed on Deck and the prison cleaned thoroughly in every part before ? o'clock – one of the convicts considerably indisposed – kept women on Deck most of the day for the benefit of the w(eather?) – punished Ann Billings for thieving from her Messmates by shaving her head – attended to the getting down of the Beds and closing the doors at dark – open'd 1 cask of ? and 1 cask of Beef. n°.

Thursday September 19th 1822 off Ushant

Weather boisterous and the Ship very uneasy, wind fair- had the bedding stowed on deck and the prison & free place made clean as possible before breakfast, some of the women a good deal seasick and one or two are? in other respects - In the morning the wind increased to gale? accompanied with heavy rain which has made the women very uncomfortable, got the bedding below early to be out of the wet and secured the doors at night as usual.-

Friday September 20th 1822

Weather rough and extremely wet thro'out the morning and forepart of the day – women excessively seasick except a very few who seem to have got over it, beds not up and the prison and free womens place (from the hatches being unavoidably kept on) damp and unwholesome. towards noon the weather clean'd up which was extremely beneficial to every person on B^d – none seriously ill – Secured the doors at dark.-

Saturday September 21st 1822

Lat. 45° 49" N.

Longitude. 11° 24" West

Weather mild and nearly calm, every thing on Board feels exceedingly damp, had the beds all stowed upon Deck and the women all up except one of each Mess who was left below to clean - In the course of the forenoon dry Holyston'd the lower deck and put every thing in proper order – none seriously indisposed altho' many complain of debility and lowness from the affects of their late seasickness – Secured the doors shortly after the beds were sent below,-

PA301032JPG (begins on 3rd line below) Sunday September 22nd 1822 Lat. 44° 14" North

Weather rainy and unpleasant and especially so during the after part of the day – bedding up and cleanliness observed as on other days. at 10 o'clock mustered all the women and children in their respective Messes and found them clean, afterwards arranged them in proper order in the prison for Divine Service which was performed by the Missionary, Mr Williams – two of the convict women exceedingly low and weakly occasioned by their late seasickness – gave Sago with port Wine as often as the stomach would bear it – other Remarks not material.-

Monday September 23rd 1822

Lat. 44° " ?

Long. 14° 35" West

Weather fine had all the women on Deck this morning as usual 'till 8 o'clock except the women who were selected for cleaning etc. Many of the women feel seasick and dispirited, but none I am glad to say are confined – Served a pound of Marine Soap to each woman Bond and free, issued a quantity of Donkins preserved meat for the nourishment of those who most required it – attended to getting down the beds and closing the doors as usual.-

Tuesday September 24th 1822

Lat. 42° 55"

Long. 12° 24

Weather rough and unpleasant. Ship very uneasy – stowed beds in the netting as customary, and had the Deck as well clean'd as circumstances would admit – none ill? except from the effect of Seasickness – my constant attention has been bestowed upon the regulation and comfort of the p(eople?) entrusted to my care.

Wednesday September 25th 1822 Lat. 40° 20"

Long. 12° 15" West

Weather very rough – women still seasick, could neither get the beds up nor have the lower deck clean'd – In the day I have been constantly employed attending to their various little wants occasioned by the helpless state they have been brought to by the motion of the Ship – Secured the doors at dark as customary.-

Thursday September 26th 1822 Lat. 38° 40" N.

Long. 14° 10" West

Weather mild and fine – had all the women and children on deck this morning to wash and clean themselves and had the 'tween decks thoroughly clean'd in every part which was very much wanted- none seriously indisposed altho' many of them are extremely weak and helpless this day being mild thro'out I kept them up all day which had a visible effect on them - Regulations at night not differing from other days.

Friday September 27th 1822 - Lat. 35° 41" N.

Long. 14° 4" West

Weather mild and fine - Women all well - had the beds stowed upon deck and the prison and free womens place made exceedingly clean in every part before breakfast – had occasion to punish Mary Heather and Deborah Saunders by putting them 24 hours in solitary confinement in the Coal Hole, the former for indolence accompanied with insolence and the latter for insolence to the chief officer – served out combs to those who most wanted them and opened a bale of Hospital furniture - attended in the evening to getting down the bedding and other matters as customary.

PA301033JPG

Saturday September 28th 1822

Lat. 35° 53".

Long. 14° ?

Weather remarkably fine- stowed Beds on Deck (six?) in the morning and had all the women and children to wash themselves before breakfast.- In the forenoon (washed?) the lower deck and made the women dine above in order?

that the prison might get thoroughly dry before they were admitted below – none seriously indisposed altho' some? have not completely recovered the effects of their seasickness. I released the two prisoners whom I had confined in the Coal Hole yesterday even before closing the prison –

I am happy to be able to remark that the women generally are most orderly disposed, indeed I sh^d not have thought from all I have heard of the ungovernable character of female Convicts that those sh^d have been so easily managed – it is quite true to add that I cannot spare one hour from looking after them otherwise a breach of the last article of my Instructions would infallibly take place, but hitherto I have nothing to complain of on the part of the sailors taking liberty with the women – Regulations the same in the evng as (usual?)

Sunday September 29th 1822 Lat. 34° 35" N.

Long. 13° 20" West

Weather boisterous in the extreme, beds not upon deck? and the women very little up thro'out the day owing to the heavy seas that are constantly breaking over the ship – none ill except for Seasickness – no other remarks of any importance – Secured the doors at dark.-

Monday September 30th 1822 Lat. 31° 12" N.

Long. 14° 11" West

Weather remarkably fine – had the prison and free womens places properly clean'd before breakfast this morning and had all the scuttles out during the day – made all those that were any way ailing from Seasickness and otherwise go on Deck – at 11 o'clock served out the patchwork left in my charge by the Quaker Ladies and strictly enjoin'd them not to barter or alienate it. but each should make her own and muster it – commenced a school for the children under the superintendure of the clergyman assisted by two of the free women – nothing of any importance thro'out the day – Regulations same as usual.-

Tuesday October 1st 1822 Lat. 30° 9" N.

Weather same – had the prison deck properly clean'd and the beds stowed as usual before breakfast, and the prisoners have been constantly employ'd thro'out the day at their patchwork – School going well under the care of the parson – none confined from illness – women washing their clothes during the forenoon.-

Wednesday Oct^r 2nd 1822 Lat. 28° 32" North.

Long. 15° 2" W

Weather fine – had the bedding stow'd on Deck as usual, and the prison and free womens place thoroughly clean'd and aired before breakfast – at 3 o'clock last night departed this life a Twin child of 18 months old belonging to a free woman named Edwards. this child with its fellow which will soon follow it; beggars any description I might attempt to put upon paper it has not had any acute disease, but merely "Tabes" produced by bad living and bad nursing which I endeavour'd to relieve by administering nourishment and slightly alterative doses of mercury the other child is precisely in the same state- In their weights would not have made more than a few pounds. The school goes on as usual and the women are actively employ'd making their quilts etc. – none seriously indisposed - Ship close under the Isle of Palma. Secured the prison doors at dark and the free women at 8 o'clock, which I have advised as a general rule.

PA301034JPG (began 4 lines above) Thursday October 3rd 1822

Weather warm and nearly calm – Beds stow'd upon deck and 'tween decks exceedingly well clean'd out before breakfast – Several women have complained this morning at the Hospital of being unwell chiefly caused by costiveness, but none of them anyway dangerously so, gave them each a small dose of Salts with infusion of Sennæ – punished Jane Gordon by putting her in Solitary confinement in the Coal Hole for making a disturbance yesterday evening while the clergyman was at prayers - This woman is an abandoned character and I think the worst on Board – the women (have?) free egress and regress to the deck – attended to the getting of the beds and closing the doors as usual.-

Friday October 4th 1822 Lat 20° N.

Long. 16°

Weather exceedingly fine having got the North East trade winds yesterday about noon – stow'd the beds as usual and had the decks well clean'd before breakfast – released Gordon yesterday evening from confinement with a proper admon(end lost in fold) have opened a Cannister(sic) of Donkins preserved meat to make Soup for the children and women who feel weak no remarks of importance – open'd 1 cask of Flour 1 of P(ork?) and 1 of Sugar. -

Saturday October 5th 1822 Lat.

Weather same as yesterday – stow'd the beds on Deck as usual, and in the course of the forenoon had the prison and free womens place washed out in every part most thoroughly this ship is the only one of the kind that I have known fitted with Scupper holes in the lower deck, thusly enabling us to wash as they do on board of a Man of War on a Saturday – two women complaining of debility – had Soup made for the children etc as yesterday other regulations same as for last.-

Sunday October 6th 1822 Lat. 22° 53" N.
Long. 20° 30" West

Weather fine and ship making rapid progress to the Southward – stow'd the beds on Deck early in the morning and had the prison and free womens place well clean'd out before 8 o'clock, at 10 a.m. muster'd all the women and children and found them exceedingly clean, afterwards assembled them on the Quarter Deck for Divine Service which was performed by the Missionary in the afternoon served ½ a pint of wine to each of the prisoners and Limejuice Sherbet afterwards. Regulations entirely same. -

Monday October 7th 1822 Lat. 21° 17" North.
Long. 22° 47" West

Weather same, Regulations not differing from other days – none requiring medical treatment – issued Limejuice but with a less quantity of sugar, the Sherbet being too sweet – directed the Steward to serve the remainder separately – Secured the doors at dark and the free womens place precisely at 8 o'clock. open'd 1 cask of Beef & 1 of Pork. -

PA301035JPG Tuesday October 8th 1822 Lat. 19° 29" N. Long

Weather gloomy and extremely close, altho' the wind has not abated. had the decks clean'd and the beds stow'd a usual before breakfast, confined Charlotte King a convict from York Castle for violent and abusive conduct last night after dark in the prison, by putting all day in the Coal Hole on bread and water –attended to the getting down of the beds and closing the doors as usual – have observed no improper liberties on the part of crew towards the women, but this is mainly to my own vigilance.-

Wednesday October 9th 1822 Lat. 17° 18" N.
Long. 25° 31" W

Weather fine – Made the Cape D'Verd Islands this morning about 9 o'clock – Ship making rapid progress to the Southward - Stow'd the bedding on deck early in the morning as usual, and clean'd the prison deck before Breakfast, none seriously ill, altho' many are weakly and full of troubles mostly (I think) (sic) the effects of violent Seasickness as those persons are the ones most? complaining – The School goes on regularly – the quantity of Sugar still being too large I have ordered a third of it to be stopp'd and served out separately. exchanged five Bottles of Hospital Wine with the Master for an adequate quantity of Porter having deem'd it better for those women who feel weakly – Regulations in the evening entirely the same – open'd a cask of pork.

Thursday October 10th 1822 Lat. 15° 58" North.
Long. 25° " West

Weather excessively hot – Thermometer standing at ninety- in prison when the women are below –stow'd the bedding and clean'd the lower deck as usual before breakfast - two women in a very weakly state produced by an irritable state of the stomach – gave them a little porter occasionally which appears to be the only thing they can keep down – had awnings spread on the main deck which enabled me to keep the women up all day – got the bedding at Sunset and secured the prison door at dark and the free womens at 8 o'clock precisely as is customary.-

Friday October 11th 1822 Lat. 13° 58" N.
Long. 26° 30" West

Weather very sultry, had the beds stow'd and the decks clean'd early in the morning as usual – women employ'd thro'out the forenoon washing their clothes – Several women complain of weakness and various other trifling ailments but none of them are seriously indisposed – have had fresh soup made regularly for those and the children generally - Inoculated a child belonging to a woman named Larkins - Regulations same at night as customary.-

Saturday October 12th 1822 Lat. 12° 14" N.
Long. 24° " West

Weather mostly same – had the bedding stowed on Deck as usual and the lower deck wash'd in the forenoon - kept the women up all day in order that the prison might get properly dry – none confined to Bed, but several require nourishment which I have administer'd – other regulations as per. last.-

Sunday October 13th 1822 Lat. 11° North.
Long. 23° West

Weather fine – trade wind still brisk – stow'd the beds and clean'd the lower deck as usual before breakfast – muster'd the p^{ts} at a half past nine o'clock and the free women and their children at ten when they all appeared clean and orderly

PA301036JPG The Missionary performed Divine Service under the awning every person on board attending – two women ailing from debility superinduced by the violence of their seasickness. Served half a pint of wine to each of the prisoners except three who had forfeited theirs by misconduct – Secured the doors as customary always attending to the getting of the beds and all other matters relating to the women myself.-

Monday October 14th 1822 Lat. 10° 15" North.
Long. 22° 40" West

Weather excessively hot - Ship nearly becalmed – Stow'd the bedding and clean'd the lower deck as usual before breakfast – handcuffed Elizabeth Kinsey and Mary Brown together and put them into the Coal Hole for abusive and mutinous conduct, and disturbing the peace of the ship – Several women weakly – gave them Sago and other comforts – as they required – at 11 o'clock departed this life Martha Edwards, one of the Twins who was diminutive in size and it has therefore become a loss to bear to the mother who has been almost exhausted from watching and anxiety – at dark released the two women -out of the Coal Hole, but kept them still Handcuffed together thro'out the night – open'd 1 cask of Flour 1 of Raisins 1 of pease 1 of Sugar 1 ? and 1 case of Limejuice & 1 cask of Butter.-

Tuesday October 15th 1822 Lat. 9° 45" North.
Long. 22° 32" West

Weather mainly same as yesterday- stow'd the beds and clean'd the prison as usual – Several women have applied at the Hospital this morning with slight febrile affections have used cold ablutions and given them smart purgatives of Calomel and Jalap – other remarks as per last – Relieved the women who were Handcuffed at dark.-

Wednesday October 16th 1822 Lat. 9° " N.
Long. 22° 21" West

Weather showery and very unpleasant – Had the bedding up and the decks clean'd as usual – the women are very orderly conducted at present – two women Vigt: Jane Robertson & Elizabeth Collins extremely weak and several others complaining from various causes chiefly caused by the sudden transition of climate – had Soup made and distributed as was most necessary together with other comforts – Secured the doors as usual – I have not had to notice any improper liberties on the part of the crew.-

Thursday October 17th 1822 Lat. 8° 29" N.
Long. 22° 21" West

Weather fine – have had no rain of any consequence since yesterday – stow'd the bedding and clean'd the lower deck as on other days- before breakfast - The two women still remain weakly, but which is chiefly caused by the heat of the weather – have issued a considerable quantity of preserved meats and other comforts during the last week – had the bedding sent below at Sunset and attended to the night regulations as customary.-

PA301037JPG.

Friday October 18th 1822 Lat. 8° 17" N.
Long. 22° 4" West

Weather excessively hot having very little wind during the night - Regulations same as on other days - the two women are both getting stronger and are able to move about a little today – There is no appearance of any intercourse between the women & sailors nor do I apprehend there will be any during the passage, but this is only to be depended on while they are well looked after – open'd 1 case of Soap and 1 cask of Beef.

Saturday October 19th 1822 Lat. 7° 43" N.
Long. 20° " West

Weather during most of the last 24 hours nearly calm and excessively hot – Stowed the beds this morning as usual and in the course of the forenoon washed the lower deck, and kept all the women up 'till 2 o'clock to allow the prison to get properly dry – Mary McGowan a convict from Liverpool has applied this morning labouring under Dysentery which she says has been on her for several days back – gave her an ounce of Epsom Salts dissolved in nearly a pint of water – Elizabeth Fletcher convict from Newgate is confined to Bed from debility by Epileptic fits - sent down the beds & secured the prison and free womens doors as usual.-

Sunday October 20th 1822 Lat. 7° 23" N.
Long. 20° 14" West

Weather fine, but it still continues calm, clean'd the lower deck and stow'd the beds as customary before breakfast – at ½ past nine muster'd all the women and children in their proper messes and found them exceedingly clean and orderly - had them to Church in the quarter deck which was performed by the Missionary, every person on B^d attending- The women are at present convalescent who were so ill yesterday – Handcuffed a convict named Simpson for Thieving – Served no wine today in consequence of the noisy and disorderly conduct of the women last Sunday after its issue. I shall therefore only serve a gill instead of half a pint as heretofore – Secured the doors at dark and the free womens at 8 o'clock.-

Monday October 21st 1822 Lat. 7° 29" N.
Long. 20° 35" West

Weather excessively hot, and has been calm during the last 24 hours, stow'd the beds and clean'd the prison as usual – Several ailing but none of them dangerously sick - Shaved Elizabeth Simpson's head for the theft which has been so clearly proved upon her, and removed the Handcuffs at dark – Evening regulations same as before – open's a cask of Beef.-

Tuesday October 22nd 1822 Lat. 7° 15" N.
Long. 20° 3" W

Weather today precisely the same as it has been thro'out the last 24 hours – Served a Bar of Marine Soap to each Mess thro'out the ship – women washing their clothes all the forenoon – other regulations same as before.- McGowan has had a relapse of the Bowel complaint. Gave her Calomel and Opium with a view to produce ptyalism – have continued to issue Donkins preserved meats and other comforts and necessaries to the more weakly of the women and children.-

PA301038.JPG. Wednesday October 23rd 1822 Lat. 6° 59" N.
Long. 20° 7" West

Weather still calm and excessively hot – Stowed the bedding and cleaned the lower deck before breakfast as is usual – McGowan feels better continue the Medicine still – other Regulations as formerly. open'd a cask --

Thursday October 24th 1822 Lat. 6° 28" N.
Long. 19° 55" West

Weather not quite so sultry having had several squalls & showers in the course of the last 24 hours- Regulations strictly attended as formerly – none confined to Bed cont.? McGowans medicine.-

Friday October 25th 1822 Lat. 6° 3" N.
Long. 20° 17" W

Weather squally with heavy rain this morning, everything damp and disagreeably hot – stowed the bedding on deck a little before 8 and had the prison as well cleaned as circumstances would admit – confined to bed today from illness Vigt: McGowan Fletcher & ? the two latter from debility and the former from a Bowel complaint continued her alterative medicine accompanied with an anodyne draught at night.- prisoners washing their clothes all the forenoon. other remarks the same as usual – open'd a cask of p(ease?) and a cask of Flour-

Saturday October 26th 1822 Lat. 5° 52" N.
Long. 19° 10" W

Weather calm and excessively hot- beds stow'd as usual – Several of the women and children unwell. McGowan is much the same? she says she feels a little copperish taste in her mouth other regulations same as formerly – drew ½ Doz. Bottles of wine for use of the sick.

Sunday October 27th 1822 Lat. 5° 20" N.
Long. 18° 30" West

Weather more favourable having a gentle breeze from the South Eastward – clean'd the lower and had the beds stow'd as usual – at ½ past nine muster'd all the women and children in their proper messes and found them exceedingly clean and orderly – McGowan feels much better. omitted her medicine- mouth being a little affected – at 10 o'clock the prisoners free passengers and crew were assembled on the quarter deck for Divine Service which was performed by the Rev^d Missionary – at a ½ past one o'clock served out a gill of wine to each of the prisoners except a few who had forfeited theirs by misconduct.-

Monday October 28th 1822 Lat. 4° 48" N.
Long. 18° 39" W

Weather not quite so sultry as it has been having had a tolerable breeze thro'out the night and I am happy to say it still continues - McGowan is low and weakly but has no febrile heat nor any purging of consequence mouth tender – repeated her pills at night with an anodyne draught – Regulations as usual – open'd 1 cask of pease 1 of Sugar 1 of Suet 1 of Beef and 1 case of Limejuice.-

Tuesday October 29th 1822 Lat. 4° 44" N.
Long. 19° 1" West

Weather mainly calm with occasional Squalls and rain- Stow'd the bedding and clean'd the lower deck as usual before breakfast – Several women and children unwell from various affections chiefly caused by the climate - McGowan feels much better – repeated her medicine as per list. Regulations entirely same as on other days.-

PA301039.JPG. Wednesday October 30th 1822 Lat. 3° 43" N.
Long. 20° 55" West

Weather remarkably fine after having caught the Southerly trade wind yesterday about 12 o'clock – Bedding stow'd upon deck and prison clean'd in the morning before breakfast as usual – Several women and children weakly and requiring wine and Donkins preserved meats – McGowan has had a good night and remains convalescent, gave her a small dose of Salts and Sennæ in the morning and a draught at night – Regulations same.-

Thursday October 31st 1822 Lat. 2° 28" N.
Long. 22° 12" W

Weather cool and fine – trade wind fresh from South bedding up and had the lower deck well clean'd by breakfast as usual – Several women weakly and confined to Bed - Served a gill of wine to each of the prisoners except those who were too ill to drink it - other remarks not material.-

Friday November 1st 1822

Lat. 1° 26" N.
Long. 25° 3" W

Weather has been remarkably fine thro'out the last 24 hours. Regulations entirely same – Three women confined to Bed Vigt., Fletcher, McGowan & McGowans daughter – I have expended a considerable quantity of preserved meats and other ?? comforts owing to many cases of debility caused by the motion of the ship and the relaxing state of the weather. Regulations same as usual.-

Saturday November 2nd 1822

Lat. 0° 28" N.
Long. 26° 25" W

Weather fine – trade wind blowing fresh from South to? East- Stow'd the beds on deck early in the morning and in the course of the forenoon washed the lower deck, which is a standing rule of a Saturday – punished Ann Crompton by putting her in solitary confinement in the Coal Hole for violence and disorderly behaviour towards her messmates - three women confined to Bed from illness – made all the women dine on Deck to allow the prison to get thoroughly dry – other regulations same as before – opened a cask of pork.-

Sunday November 3rd 1822

Lat. 45" miles South.
Long. 27° 40" West

Weather being fine Ship making rapid progress to the Southward cross'd the line in the night – clean'd the lower deck and stowed the beds as usual, and at half past nine a.m. muster'd all the women and children in their respective messes and found them clean comfortable, afterwards assembled them on the quarter deck (under an awning) for Divine Service which was performed by the Missionary. two women confined to Bed – namely McGowan and Fletcher – at 1 o'clock served each woman with a gill of wine except those who were in Hospital. Regulations same.-

Monday November 4th 1822

Lat. 2° 23" S.
Long. 28° 12" W

Weather remarkably fine – trade wind blowing strong from the Southward and Eastwards, had the lower deck thoroughly cleaned and the bedding stowed as usual soon after day light – three women excessively ill two of whom labour under Dysentery, and the other under extreme debility produced by violent seasickness during the early part of the passage – Served the prisoners and free women with Sugar left behind from the Limejuice which was kept back owing to the Sherbet being too sweet – Secured the doors as customary.-

PA301040JPG.

Tuesday November 5th 1822

Lat. 4° 20" S.
Long. 29° 36" W

Weather continues fine and the air feels much cooler within the last two or three days- Stow'd the beds and clean'd the lower deck in the morning as usual – The three women who were so ill yesterday still continue a dangerous state - See cases as detailed hereafter – The Marine Soap having been expended I have requested the Master to issue a quantity of fresh water to the women to wash their clothes – It is certain from the length of the passage and? having been eight weeks using fresh water before we crossed the line that we shall be obliged to call at some Port between England and N. S^o Wales to replenish stock of this article – it will thence devolve on the Master to choose any port he may deem most expedient for the purpose – other remarks not material.-

Wednesday November 6th 1822

Lat. 6° 37" S.
Long. 31° 0" W

Weather continues fine trade wind steady and the Ship feels cooler generally – Regulations same precisely as on other days - The three still remain dangerously sick ?have? wine for porter with the Master having deemed it much better suited for one of these patients than wine? Spoke?? a vessel bound for Rio D' Janiero

Thursday November 7th 1822

Lat. 9° 40" S.
Long. 32° 12" W

Weather fine and cool – Ship making rapid progress to the Southward – stowed the bedding and cleaned the decks as customary – Mary McGowan who has laboured under Dysentery for nearly three weeks has become excessively ill since yesterday she has for some time totally abjured physics - Regulations as before.

Friday November 8th 1822

Lat. 11° 43" South.
Long. 33° 4" West

Remarks respecting the weather and regulations same as on most other days – McGowan still continues to be purged altho' the character of the Disease seems materially alter'd the discharge of a Brown colour and not so offensive nor so frequent as it was – her stomach is very irritable & no persuasion nor force with (will?) make take any medicine – I am therefore obliged to confine myself to stimulants & blistering the abdomen – there are some others unwell but not dangerously so – have soups made regularly for those requiring it.-

Saturday November 9th 1822

Lat. 13° 47" S.
Long. 35° 20" W

Weather fine – stow'd the beds as usual early in the morning and washed the lower in the forenoon – McGowan has had a rather better night, but the purging still continues 5 or 6 times in the 24 hours and her stomach is by no means settled. She still persists in not taking medicine – gave porter occasionally and also port wine negus –

kept the women on deck thro'out the greater part of the day to allow the lower deck to become perfectly dry – which it did – open'd a cask of pease.-

Sunday November 10th 1822 Lat. 15° 47" S.
Long. 36° 24" W

Weather continues fine and the ship progresses rapidly southward clean'd the lower deck and stow'd the bedding as usual, and at nine o'clock muster'd all the cts. and free passengers and found them clean and orderly, at ten o'clock had them all assembled on the quarter deck together with the Ships company for Divine Service which was performed by the Missionary – the Methodist tears up preaching by the Roots – Served a gill of wine to each of the convicts as usual of a Sunday and attended to the wants and comforts as on other days. McGowan remains as yesterday.-

PA301041.JPG. (began 3 lines above)

Monday November 11th 1822 Lat. 17° 41" S.
Long. 37° 25" W

Weather same – Regulations much as before – McGowan continues very weakly and is frequently purged, she will take no medicine any how – I have the whole of the abdomen run/raise? from the Blister and depend on it solely. her debility is such that I think I am justified in using stimulants, which I once did in India with a hopeless case and it produced a complete cure – open'd a cask of Beef and a cask of Raisons-

Tuesday November 12th 1822 Lat. 19° 5" S.
Long. 38° 3" W

Weather cloudy – Our Regulations being so well established now may prevent or excuse my repetition of them so often it may not be amiss to state that the general routine is to stow the beds in the nettings a little after daylight then making all the women go on deck except a few who are retained below of the purpose of cleaning out the berths and the way in which this is carried out is to sprinkle and scrub, keeping the lower berth boards up till breakfast time – of a Saturday we wash the lower deck precisely as they do that in a Man O' Wars. these things are performed with so much regularity that I have only to inspect them when they are done and order the ladders to be ??pp?d(shifted?) - McGowan remains in a hopeless state - She takes a little nourishment.-

Wednesday November 13th 1822 Lat. 21° 30" S.
Long. 38° 40" W

Weather dull and cloudy with the appearance of rain — Regulations same as usual- McGowan continues much in the same state, have continu'd the Stimulants and kept the Blister rais'd- Some few of the other women are delicate and require nourishment which I have in my power to administer, but most depends on keeping them from moping between decks – open'd a cask of pork.

Thursday November 14th 1822 Lat. 21° 50" S.
Long. 40° " West

Weather fine – Regulations during the morning the same as on other days – Served ½ a pint of wine each of the prisoners McGowan has been only twice purged during the night, she has taken a very large quantity of stimulants Vigt: of porter and port wine negus –her skin feels cool and her tongue is not furred nor dry no entreaty will prevail on her to take anything in which I could combine medicine – Secured the doors at night as usual-

Friday November 15th 1822 Lat. 22° 16" S.
Long. 39° 59" W

Weather rough and the ship very uneasy – Regulations same as on other days – McGowan remains in the same state as before, I still continue the port wine and porter – open'd a cask of Flour

Saturday November 16th 1822 Lat. 22° 1" S.

PA301042.JPG(begins 3 lines below)

Long. 39° 29" West

Weather mild and fine, Stow'd the beds and in the course of the forenoon washed the lower deck and other regulations as on other Saturdays – McGowan continues much the same this woman has cost me a wonderful diet? of uneasiness as it is almost certain if she had taken alterative medicine to produce a slight degree of soreness in her mouth the disease would have been vanquished as in the former instant and she would in all probability been now in a forward state of convalescence – I must be content with the stimulants above – punished Ann Gill by putting her into the Coal Hole for 8 hours for insolence and refusing to make clean the part of the prison where she sleeps.-

Sunday November 17th 1822 Lat. 23° 5" S.
Long. 41° 39" W

Weather remarkably fine- passed Cape Frio at 8 o'clock in the morning, at half past nine muster'd all the women and children and found them clean – arranged them in the prison where Divine Service was performed by the Missionary –at 5 o'clock P.M. came to an anchor in Rio Janeiro Harbour – got the bedding below and secured the doors.-

Monday November 18th 1822 Rio Harbour

Weather rainy with heavy squalls from the Northwest Regulations the same as is customary. McGowan whose illness has been so severe and protracted still continues in the same hopeless state – her purging has ceased within the last few hours but her obstinacy is so remarkable that I can get her to take nothing, I consider her hopelessly incorrigible - open'd a cask of Beef and a cask of Sugar.-

Tuesday November 19th 1822 Rio Janeiro

Weather fine – had the Bedding stow'd on Deck and the prison properly clean'd before breakfast as usual – at ½ past 8 a.m. departed this life Mary McGowan a convict from Liverpool aged 58 years. She has laboured the last five weeks under Dysentery – for the last fortnight she has been entirely supported by stimulants, - I consider this woman as having fallen a sacrifice to her own obstinacy, it appears I did not apprise her in the early stage of the disease when I gave her the alterative medicine that it would produce a sore mouth she therefore thought I had trapped her into this and I believe imagined I thought her labouring under a venereal taint. She utter'd bitter sayings against me on this account and resolved never to take anything in the shape of physic again and the sequel proved how true she kept her word - issued a pound of yellow soap to each of the women Regulations entirely the same.-

Wednesday November 20th 1822 Rio Janeiro Hr.

Weather not excessively hot – Regulations in the morning entirely same as on other day – at half past 8 sent the body of the deceased on shore to be buried – one free woman and several of the prisoners ailing but not seriously. Sent down the bedding and closed the doors punctually as at sea.-

Thursday November 21st 1822 Rio Harbour

Weather dry and fine – stow'd the beds and clean'd the lower deck before breakfast as is customary – women washing their clothes thro'out the forenoon – Several are slightly indisposed but none dangerously – served a gill of wine to each, I have found within these few days that the women relax greatly in their good manners I have been obliged to handcuff 2 or 3 of them.-

PA301043JPG.

Friday November 22nd Rio Janeiro

Weather fine – had the prison and free womens place properly clean'd out before breakfast and the beds stow'd on deck - punished Rachel Davis and Elizabeth Hartnell by shaving their heads for boisterous and outrageous conduct yesterday afternoon, both of these women I think are incorrigible this mode of punishment seems to be the only thing they regard – Regulations in the evening same as formerly – have had fresh Beef and vegetables since our arrival.

Saturday November 23rd 1822 Rio Janeiro

Weather excessively (hot) during the night and early part of the day until the sea breeze set in. clean'd the prison and free womens place in the morning as usual and stow'd the beds on Deck - Several of the women feel affected in their bowels - closed the doors at night as customary.

Sunday November 24th 1822 Rio Janeiro

Weather same – clean'd the prison and stow'd the beds as usual – at nine o'clock muster'd all the women and children and found them very clean and orderly, afterwards arranged them on the quarter deck for Divine Service which was performed by the Missionary – none seriously indisposed – other Regulations as customary.

Monday November 25th 1822 Rio Janeiro

Weather extremely hot at night and until the breeze sets in the morning, stow'd the beds and clean'd the lower deck as customary, - three of the women have appeared at the Hospital this morning inflammatory complaints and several others feel weakly and relaxed – Regulations same.

Tuesday November 26th 1822 Rio Janeiro Harbour

Weather same – Several women in Hospital, but none dangerously ill - The ship has been detained longer than we expected owing to the scarcity of water in this season of the year.

Wednesday November 27th 1822 Rio H^r

Weather same as usual - No remarks of any importance - Ship getting water'd with her own boats - Secured the doors at dark as usual.-

Thursday November 28th 1822 Rio Janeiro H^r

Weather same as before - clean'd the lower deck and stow'd the beds as customary early in the morning, and carried on our regulations as usual – Several of the women are weakly and requiring nourishment, but none of them confined below.-

Friday November 29th 1822 Rio Janeiro H^r

Weather excessively hot – stow'd the beds and clean'd the lower deck as usual – Completed the watering with the Ships Boats which has been a tedious, expensive, and laborious job; detaining the ship for more than a whole week – there are several of the women labouring under Diarrheas and other complaints requiring prompt attendance – made the women today wash up all their dirty clothes preparatory to their going to sea – sent the beds below and secured the doors at dark as customary.-

301044.JPG.(begins 2nd line below) Saturday November 30th 1822 Rio Janeiro

Rather gloomy and inclined to rain. The ship unmoor'd early and got under weigh at ten o'clock to shift into a more open berth for sailing. The Master on shore arranging the ships business. Stow'd the beds on deck – eight women confined below from illness chiefly bowel complaints and the effects of it – have given them generally a dose of purgative medicine in the first instance and afterwards used Calomel combined with opium – The women have been kept below most of the day owing to the confusion on Deck – Sent down the beds and secured the doors at dark – In the course of the evening a complaint was made to me by several of the women that they had not had their usual allowance of provisions & which I found to be the case on investigation, this was entirely owing to the villainy of the Ships steward who has hitherto borne so good a character that we had ceased to delegate any person to overlook him. I had this matter thoroughly investigated and never omitted again to keep a sharp lookout upon him and to make two of the women attend when weighing the Rations etc.

Sunday December 1st 1822 Rio Janeiro

Weather rainy thro'out the greatest part of the last 24 hours - had the Beds stow'd during a dry interval in the morning and made the prison and the free womens places as dry and clean as possible - at ten o'clock A.M. muster'd all the women and children in their respective messes and found them clean and decent. afterwards had them assembled for Divine Service which was performed by the Missionary – Several women weakly and requiring care and nourishment – served a gill of wine to each of the women at 1 o'clock. Regulations at night same. Ship laying out in the fairway but have prevented her from sailing 'till I have some redress for the ill conduct of the steward.-

Monday December 2nd 1822 Rio Janeiro Hr

Weather fine and much cooler – had the prison clean'd and the beds stow'd as before – Ship still detained in consequence of the Steward, The Master being unwilling to render me any redress 'till the morning when he reluctantly dismissed him. It appears without doubt that he has within this late while abstracted a little of the womens Rations, but which has been fortunately detected without much harm being done. Delegates now regularly attend all issues and shall do so thro'out the remainder of the passage – other remarks not material – open'd a cask of Beef.

Tuesday December 3rd 1822 Ship proceeding out of Rio Janeiro's Harbour

Weather very fine - Stow'd the beds early and in the course of the forenoon wash'd the lower deck which very much required it – at 12 o'clock Ship proceeding on her course with a fine breeze – Several women weakly, but none of them dangerously sick – Sent the beds down at Sunset and secured the doors as customary.-

Wednesday December 4th 1822 Lat. 23° 20" S

Long 42° 13" W

Weather rough and the ship very uneasy – could neither stow the beds nor clean the lower deck owing to the women being universally Seasick – Served a gill of wine to each of the prs and secured the doors at Dark – open'd a cask of pease

Thursday December 5th 1822 Lat. 24° 3" S

Long 43° 20" W

Weather mild and fine – Stow'd the beds and clean'd the lower deck before breakfast – Several women weakly and are ill some of whom are confined to Bed – the remarks not material.-

PA301045.JPG.

Friday December 6th 1822 Lat. 26° 13" S

Long 43° 1" W

Weather remarkably fine – Stow'd the beds and clean'd the prison before breakfast before as usual – Several women confined in Hospital from colds and complaints of their Bowels; Regulations same as before – open'd a cask of Beef.

Saturday December 7th 1822 Lat. 27° 46" S

Long 42° 30" W

Weather same – stow'd the beds and in the course of the forenoon washed the lower deck and kept the women and children up till after Dinner to allow it to get properly dry –?? who were so weakly seem to recover – none of them but ?? are able to get up today. Regulations same as usual – open'd a cask of Beef.

Sunday December 8th 1822 Lat. 30° S

Long 42° 10" W

Weather mild and fine – clean'd the lower deck and stow'd the beds as usual early in the morning – at nine o'clock muster'd all the women and children in their respective messes and found them clean and orderly – had them arranged shortly afterwards on the quarter deck for Divine Service which was performed by the Reverend Mr Williams - in the afternoon served a gill of wine to each of the prisoners which I always attend to myself. Secur'd the doors at night as usual.-

Monday December 9th 1822 Lat. 31° 52" S

Long 41° " W

Weather still continues fine – Ship making rapid progress to the Southward – Several of the women feel weakly and ill and require constant nursing and attendance – Regulations in respect of cleanliness and good order

carried on as usual. Severed a pound of Soap to each woman thro'out the Ship open'd a cask of Flour – a cask of Suet and a cask of mustard

Tuesday December 10th 1822 Lat. Long

No remarks today of any importance – Regulations carried on as customary.-

Wednesday December 11th 1822 Lat. 35° 31" S
Long 36° 32" W

Weather cool and very fine – ship progresses rapidly to the Southward & Eastward – Stow'd the beds and clean'd the lower deck as customary – eight or ten of the women complaining of pulmonary and Bowel complaints – have used the lancet freely in such cases as were necessary and given the others cathartics followed by an anodyne draught at night – The medical comforts are much request, the women being generally so weakly and helpless. Regulations at night as usual.-

Thursday December 12th 1822 Lat. 35° 57" S
Long 33° 2" West

Weather rainy and unpleasant during the last 24 hours had the beds stowed in a spare berth below and the decks cleaned as well as could be expected - Several women very weakly and requiring constant attendance thro'out – have no fears of any fatal consequences to any of the women now ailing my earliest exertions are directed to introduce Calomel combined with opium after clearing the primæ viæ & (the?) slight inflammatory complaints of the chest are generally easy to dispel by prompt bloodletting succeeded by a Brisk purgative, but I find the best the means of keeping the women healthy is to keep them continually employ'd and in the open air when the weather will admit of it. The expenditure of comforts is very heavy lately. Regulations same.

Friday December 13th 1822 Lat. 36° 40" S
Long 31° 20" W

PA301046.JPG.(begins 3rd line below)

Weather dull and inclined to be wet Several women very unwell especially a free woman named Longford who labours under acute Dysentery - She has had this complaint on her several days without applying to me gave her in the first instance about an ounce of Salts dissolved (in) a large quantity of water and afterwards applied the Mercurial System as promptly as I possibly could. This woman is of a weakly cadaverous cast and seems quite knocked down by the disease – her skin is hot and her pulse small and fluttering – Regulations carried on as usual – open'd a cask of Beef and a cask of Flour -

Saturday December 14th 1822 Lat. 36° 40" S
Long 29° 13" W

Weather fine – Stow'd the Beds on Deck and in the course of the forenoon washed the prison and free womens place properly – The free woman Longford is a little better have continued her medicine at proper intervals – have been constantly employ'd thro'out the day attending to comforts and treatment of the many weakly and sick persons who require it – Regulations same as usual – hitherto I have(n't?) observed advances of a licentious nature between the crew and the women, but this could never be if I were not constantly to attend to every regulation thro'out the day which relates to them.-

Sunday December 15th 1822 Lat. 35° 29" S
Long 26° " West

Weather rough and is becoming cold, clean'd the lower deck & had the bedding stow'd as usual – at nine muster'd all the women and children and assembled them afterwards in the prison for Divine Service, which was performed by the Missionary – Served a gill of wine to each convict – Longford's Dysentery seems chequed – continued her Med^c. Several others very weakly. Regulations generally same –

Monday December 16th 1822 Lat. 37° South
Long 22° 28" West

Weather cool and rather boisterous – clean'd the lower deck & clean'd the bedding as usual – many of the women and children ill and some confined to Bed – from the sudden change of climate and the unclothed state of many of the children – I have been obliged to serve out a quantity of the Hospital furniture such as child bed linen etc to enable them to go thro' the voyage – The school goes on regularly under the superintendence of the parson assisted by two of the free women – Regulations mainly as before – open'd a cask of pease and a cask of Sugar. -

Tuesday December 17th 1822 Lat. S
Long W

Weather exceedingly fine – Regulations same as before many women are still very ill and some of them confined to bed but I consider none of them as being dangerously indisposed altho' they will require a great deal of care & attendance. I attribute most of their complaints to be sudden transition of climate and their being generally so ill provided with clothing.-

Wednesday December 18th 1822 Lat. 37° 10" S
Long 16° " W

Weather cloudy and inclined to blow, clean'd the lower deck and stow'd the beds before. The free passenger Langford has had a little relapse, but which is not serious – her mouth is getting a little tender, Mary Sutton a

convict from Liverpool has had a violent attack of giddiness which was relieved by profuse bloodletting afterwards giving her a strong purgative – Handcuffed together Sarah Bolland and Ann Gill for violence and bad conduct last night after the doors of the prison were locked those two women are both abandoned characters open'd a cask of pork.-

PA301047JPG.

Thursday December 19th 1822

Lat. 37° 29" S
Long 12° 12" W

Weather today mild and fine, Stow'd the bedding and clean'd the lower deck as customary before breakfast. At daylight made the Island of Tristan D'Cunha - Sutton (&?) are both very ill and many others are confined from slighter affections – released Bolland and Gill yesterday evening after dark on promise of better conduct in future other regulations as formerly.

Friday December 20th 1822

Lat. 37° 30" S
Long 8° 28" W

Weather rainy and unpleasant – beds not up today dry Holystoned the lower deck in the course of the forenoon. Sutton still very ill and has no recollection or sense of what occurs, bled her most profusely and have shaved and Blistered the whole of her head – Langford is better, mouth having become a good deal affected – have omitted her med^c. The medical? are expended largely owing to the many women who are so delicate – Regulations in other respects same as before open'd a cask of Flour 1 d^o of Beef.-

Saturday December 21st 1822

Lat. S
Long W

Weather exceedingly fine – Stow'd the bedding and in the course of the forenoon washed the lower deck as our custom is on this day – kept the women up till dinner time before they were admitted below – Sutton continues very ill and has a wild incoherent look and is partly insensible the Blister rose well and she has now no febrile symptoms I therefore must watch her narrowly lest any relapse should take place – she has a serious? discharge from her Ears. Regulations kept up as usual.-

Sunday December 22nd 1822

Lat. 37° 32" S
Long 2° 40" W

Weather fine sltho' a little cold – had the bedding stow'd and the lower deck clean'd before breakfast – at ½ past nine muster'd all the women and children and found them very clean – assembled them directly afterwards in the prison for Divine Service which was performed by the Missionary – yesterday morning a boy named Rob^t Borsch aged above 10 years dropt overboard off the Bow Sprit while playing there with some other youngsters altho' so accompanied the accident was not discovered for at least 20 minutes – the ship must have passed over? as he was never heard of – Served a gill of wine to every woman except those who are too unwell to be allowed to drink it – Sutton is somewhat composed today & is beginning to become more sensible. Regulations otherwise same.-

Monday December 23rd 1822

Lat. 37° 40" S
Long 1° 30" W

Weather rough and inclined to be cold. Regulations much the same as on other days – many women and children requiring nourishment and attendance – Langford is quite convalescent and Sutton is no worse – kept the Blister on her head discharging and have paid strict attention to the state of her Bowels – The ship was taken aback this morning which carried away many of the small spars and greatly frighten'd the women.-

Tuesday December 24th 1822

Lat. 37° 50" S
Long 5° East

Weather fine – Regulations precisely same as in other days. Sutton has had a favourable turn and is now convalescent – Blister on her head healed – applied one to the nape of her neck.-

PA301048PG.

Wednesday December 25th 1822

Lat. 37° 20" S
Long 8° 11" E

Weather remarkably fine – Bedding stow'd on Deck as usual – prison exceedingly clean and comfortable – at nine a.m. muster'd all the women and children in their respective messes and found them clean and comfortable – assembled them all shortly afterwards in the prison for Divine Service which was performed by the Missionary – at 2 o'clock served each woman with half a pint of wine, both free and bond – having extended this indulgence to the passengers on account of it being Christmas day – commenced serving Limejuice and Sugar as formerly being 3 weeks from port – Regulations carried on as strictly as usual – open'd a cask of pork-

Thursday December 26th 1822

Lat. 36° 41" S
Long 11° 21" E

Weather not unpleasantly cool – wind favourable – stow'd the beds and had the lower deck made clean and comfortable in our usual way before breakfast – The women and children are employed every forenoon at school superintended by the clergyman assisted by an intelligent prisoner woman – Several weakly and requiring constant attendance – no other remarks of consequence

Friday December 27th 1822 Lat. 37° 47" S
Long 15° 13" E

Weather same as yesterday. Stow'd the beds and cleaned the prison precisely as on other days – several women weakly but none dangerously ill – I have daily a quantity of Donkins preserved meat made into soup which is given to those women who suckling young children and others requiring it – open'd a cask of Raisons 1 of Sugar/Suet? 1 of Rice 1 of Beef 1 of pease-

Saturday December 28th 1822 Lat. 37° 43" S
Long 17° 25" E

Weather serene – wind light – stow'd the beds in the mor'g early and in the course of the forenoon had a thorough clean out at the lower deck – dry Holy stoned it before the women were allowed below – other regulations as formerly – women generally better -

Sunday December 29th 1822 Lat. 37° 35" S
Long 19° 40" East

Weather same as yesterday –Stow'd the Bedding and clean'd the lower deck in the usual way – at nine o'clock muster'd all the women and children and found them clean - assembled them directly afterwards in the prison for Divine Service – at two o'clock served the prisoners a gill of wine each, except a few who had forfeited that indulgence by disorderly conduct while the parson was at prayers yesterday evening other regulations same as usual –

Monday December 30th 1822 Lat. 38° 6" S
Long 21° 58" East

Weather very rough and has been so thro'out the whole of the night – Stow'd the beds and clean'd the prison in the course of the forenoon – several women and children weakly and confined to bed today somewhat owing to the boisterous weather – no other remarks of any importance - open'd a cask of Beef –

Tuesday December 31st 1822 Lat. 38° 15" S
Long 24° 24" E

Weather nearly same as yesterday – Regulations not differing in any thing – several still remain weakly and requiring attendance and nursing have had no trouble with any of the crew hitherto making any advances to the women -

PA301049PG.

Wednesday January 1st 1823 Lat 38° 36" South
Long 27° 11" East

Weather mild – Regulations nearly same as formerly – Discovered Mary Scott who has been employ'd as servant to the Missionary has been guilty of a theft – Shaved her head and placed her apart from any of the other women for some time – Served a gill of wine to each of the prisoners – none of who require medical treatment – Regulations in the evening same

Thursday January 2nd 1823 Lat 39° 35" S
Long 29° " E

Weather unusually warm for this latitude – continued our regulations in the customary way – have continued to provide the most weakly with Soups and a little wine as necessary. Women conduct themselves very orderly and the School progresses under the auspices of the clergyman as before.

Friday January 3rd 1823 Lat 40° 7" S
Long 31° 40" East

Weather mild and fine as before, beds on Deck and had the prison and free womens place clean'd before breakfast as usual – many of the women weakly and requiring to be nursed –

Saturday January 4th 1823 Lat 39° 17" S
Long 35° 18" E

Weather rough during the greatest part of the last 24 hours, Stow'd the bedding in the morning and in the course of the forenoon sprinkled and scrubbed the lower deck and afterwards dry holystoned it- Many of the women are confined to Bed today partly owing to the motion of the Ship and partly to debility - Regulations same as usual -

Sunday January 5th 1823 Lat 37° 31" S
Long 37° 5" East

Weather dry and moderate – Stow'd the beds as usual and clean'd the lower deck – at nine o'clock muster'd all the women and children and found them very clean - assembled them in the prison directly afterwards for Divine Service which was performed by the Rev^d Missionary–In the course of the afternoon served a gill of wine to each of the prisoners Several women unwell – Regulations same as on other days.

Monday January 6th 1823 Lat 38° 12" S
Long 37° 40" East

Weather mild but very unfavourable for making Easting (sic)? – Stow'd the bedding on Deck early and clean'd the lower deck(lower deck crossed out)prison immediately afterwards – five or six of the women are complaining of

illness chiefly laxity of their bowels or headaches, but none are dangerously indisposed, and I find that that there is no method so effective as keeping them on deck and employ'd as they seem to have a natural propensity for lolling about – have continued to issue Soups and other nourishment to sick as wanted – open'd a cask of Beef 1 d^o of Flour and one Sugar

Tuesday January 7th 1823 Lat 37° 50" S
Long 39° 7" E

Weather rough and squally – Regulations same as on other days – Several women weakly and requiring nourishment issued a small quantity of Soap to each of the women who had children – no other occurrence of any consequence –

Wednesday January 8th 1823 Lat 37° 37 S
Long 40° 40" E

Weather fine indeed too fine for making a passage – Regulations in every respect a before – punish'd Martha Ashley by Handcuffing her for violent abusive conduct & also threatening me –

Thursday January 9th 1823 Lat 37° 40" South
Long 41° 40" East

PA301050PG.(begins in 3rd line below)

Weather still mild, a breeze has lately sprung up from then S.W. Stow'd the beds on Deck early and clean'd the prison and free womans place well before breakfast – punished Elizabeth Capps a prisoner from Newgate with confine in the coal Hole all day for violence and abusive language this morning – Several women weakly and require to (be) nursed and nourished. At two o'clock served a gill of wine to each of the prisoners no other remarks of any importance - open's a cask of Wine containing 63 galls.

Friday January 10th 1823 Lat 37° 43" S
Long 40° " E

Weather fine – Regulations entirely same – prisoner named Eleanor Shrieves was seized during the night with violent inflammation of her chest – note case as detailed in Medical Journal at the end.-

Saturday January 11th 1823 Lat 38° 35" S
Long 47° 8" East

Weather unpleasant having occasional showers of rain – Stow'd the beds notwithstanding and in the course of the forenoon sprinkled and scrubbed the lower deck & afterwards dry Holystoned it – Shrieves has been bled & purged profusely, but the pain in her chest is not entirely removed three or four other women are weakly and require nourishment which fortunately I have in my power to administer – no other remarks of any importance – open'd a cask of pork.-

Sunday January 12th 1823 Lat 38° 44" S
Long 50° 3?" E

Weather gloomy and inclined to blow – Stow'd the beds and clean'd the lower deck properly before breakfast as usual – at nine o'clock a.m. muster'd all the women and children and found them clean and orderly, assembled them immediately afterwards for Divine Service which was performed by the Missionary– at 2 o'clock served a gill of wine to each of the prisoners except two who had forfeited theirs by misconduct. –

Monday January 13th 1823 Lat 39° 7" S
Long 52° 15" East

Weather mild and fine – Regulations as customary – Several women weakly and ailing – Handcuffed together Sarah Bolland and Elizabeth Warden for fighting yesterday evening, released them at night on a promise of better behaviour – open'd a cask of beef 1 d^o of Flour and one of pease.-

Tuesday January 14th 1823 Lat 39° 54" S
Long 56° 36" East

Weather excessively boisterous – bedding not up today and could make but a very imperfect effort at cleaning the lower deck several women ailing and weakly and more especially so when the ship has much motion no other remarks of any importance

Wednesday January 15th 1823 Lat 39° 31" S
Long 59° 31" E

Weather still rough – Ship making rapid progress to the Eastward dry holystoned the lower deck and made it exceedingly clean and comfortable – Bedding not on Deck today – Regulations same. -

Thursday January 16th 1823 Lat 39° 41" S
Long 63° 33" East

Weather extremely boisterous, had the prison and free womens place well clean'd and dry holystoned as yesterday – bedding not up owing to the roughness of the weather- at 2 o'clock served a gill of wine to each of the prisoners except four who had forfeited that indulgence by their misconduct during the last week no other remarks of any importance.-

Friday January 17th 1823 Lat 39° 33" S

PA301051PG.(begins in 2nd line below)

Long 67° 12" E

Weather still rough, but not near so much so as yesterday - beds not up today had the lower deck sprinkled and scrubbed and afterwards dry holystoned - The women are generally in good health and Spirits, and except for a few fracas occasionally, they conduct themselves very orderly - there are several who are weakly and requiring nourishment and nursing, but they are such ailings as w^d be speedily cured by change of living and exercise on shore. Regulations in no respect differing those of other days. I have no difficulty in keeping down any intercourse between the sailors and women.-

Saturday January 18th 1823 Lat 39° 19" S

Long 70° 52" E

Weather mild and fine, stow'd the beds on Deck early in the morning, and in the course of the forenoon washed the prison and free womens place out thoroughly - none seriously? indisposed, detected Ann Simmons a convict from Newgate in thieving from one of her Messmates, punished as customary in such cases by shaving her head - no other remarks of any importance.-

Sunday January 19th 1823 Lat 39° 31" S

Long 73° 52" E

Weather remarkably fine - Stow'd the beds on Deck early in the morning and had the prison properly clean'd out before breakfast- at 9 a.m. muster'd all the women & children in their respective messes and found them clean and decent in their appearance, assembled them immediately afterwards for Divine Service which was performed by the Rev^d Mr Williams in the prison- none sick -at 2 o'clock served a gill of wine to each of the prisoners except 2 who had forfeited this by their misconduct - Regulations same.-

Monday January 20th 1823 Lat 38° 48" S

Long 77° 46" E

Weather exceedingly fine- Stow'd the beds and clean'd the prison before breakfast - at nine o'clock made the Island - no occurrence of any importance - Regulations same as usual - open'd a cask of Beef 1 D^o flour D^o Suet.-

Tuesday January 21st 1823 Lat 38° 28" S

Long 80° 20" East

Weather very rough - clean'd the lower deck in the best manner we could - beds not up today - other regulations same as before.-

Wednesday January 22nd 1823 Lat 38° 40" S

Long 84° 34" E

Weather still continues boisterous - bedding not up today, had the lower deck made exceedingly clean and comfortable in the course of the morning as usual - punished Sarah Phillips and Ann Gill with confinement in the Coal Hole for riotous behaviour last night after dark in the prison - Served out a pound of Soap to each woman on board - no other remarks worthy of notice.-

Thursday January 23rd 1823 Lat 39° 17" S

Long 88° 21" E

Weather mild and considerably more moderate - Stow'd the beds upon deck and had the prison clean'd in the usual manner - confined Sarah Phillips and Ann Gill in the Coal Hole again for having said last night after I released them they did not value me, with many their hard words of indecorous meaning - at 2 o'clock served a gill of wine to each of the p^{rs} except two above mentioned and two others - Regulations generally same - open'd a cask of pork.-

Friday January 24th 1823 Lat 39° 56" S

PA301052PG(begins in 3rd line below)

Long 92° 11" E

Weather rough and is much cooler than we have yet had it - Beds not up today clean'd the lower deck in the usual way and afterwards dry Holystoned it. Released the two women yesterday evening on promise of better behaviour in future, - several weakly and disheartened by the motion of the Ship. The Boatswain of the Ship struck one of the women yesterday evening for some insolence upon her part but this unfortunate creature I think does not possess her right faculties. I have taken care to prevent recurrence of the like again if possible. I attend to my regulations personally, otherwise we would have a little Bedlam - open'd a cask of Beef.

Saturday January 25th 1823 Lat 40° 19" S

Long 94° 49" E

Weather gloomy and nearly calm, Stow'd the beds and in the course of the forenoon sprinkled and scrubbed the lower deck and made it exceedingly clean and comfortable- other remarks unimportant -

Sunday January 26th 1823 Lat 41° 11" S

Long E

Weather remarkably fine - Ship going 9 knots - wind about N.W. Stow'd the beds and clean'd the lower deck early in the morning, and at half past nine a.m. muster'd all the women and children in their respective messes and found them clean decently attired - assembled them immediately afterwards for Divine Service in the prison

which was performed by the Missionary, - at two o'clock served a gill of wine to each of the p^{rs} except 3 - attended to closing the doors & putting the beds down as usual, -

Monday January 27th 1823 Lat 42° 3" S
Long 102° 7" E

Weather rainy and unpleasant, had the prison and free womens place made as clean as possible and afterwards sprinkled it with dry sand - none of the women seriously indisposed altho' many are weakly and requiring nourishment - Regulations in other respects as usual open'd 1 cask Flour 10 pease and one of Mustard. -

Tuesday January 28th 1823 Lat 43° 0" South
Long 105° 52" East

Weather fine- Stow'd the bedding and clean'd the lower deck before breakfast as before - nothing else of any importance -

Wednesday January 29th 1823 Lat 43° 26" S
Long 109° 38" East

Weather exceedingly beautiful, having a fine breeze from W.N.W. and the Ship going steadily, bedding is stow'd on deck and the prison has been well clean'd out during the morning and is very comfortable & dry - none of the women or children dangerously ill altho' I cannot persuade a number of them but they must lay down, I generally strive to keep them on their legs if possible. -

Thursday January 30th 1823 Lat 43° 58" S
Long E

Weather same as yesterday - Regulations not differing in any respect from those already established - at two o'clock served a gill of wine to each of the prisoners except two who had not conducted themselves so much as to forfeit it. Shaved Elizabeth Travis' head for Thieving - Served a Towel to each prisoner. -

Friday January 31st 1823 Lat 44° 11" S
Long 117° 47" East

Weather dry but cold for this season of the year - bedding stow'd and prison clean'd as usual - Two women confined to Bed Vigt: Jane Robertson Alice Sutton, but neither of them have any serious illness, and require nursing and nourishment - no other remarks of any consequence - I am kept constantly employ'd to prevent mischief - open'd a cask of Beef 1 D° Raisins -

PA301053PG Saturday February 1st 1823 Lat 44° 1" South
Long 122° 17" East

Weather hazy and cold, Ship making rapid progress - Bedding not up today. In the course of the forenoon had the lower deck clean'd properly and afterwards sprinkled it with sand no other remarks of any importance - open'd a cask of pork 1 D° Sugar. -

Sunday February 2nd 1823 Lat 45° 15" S
Long 126° 56" E

Weather rough and hazy - Bedding not upon deck - had the prison as well clean'd as possible - at 9 o'clock muster'd all the women and children in their respective messes and found them as usual very clean - assembled them immediately afterwards for Divine Service in the prison which was performed by the Missionary - at 2 o'clock served a gill of wine to each of the p^{rs}. -

Monday February 3rd 1823 Lat 45° 26" S
Long 131° 20" E

Weather has become mild and beautiful - had the lower deck clean'd properly before breakfast as usual, and in the course of the forenoon made all the prisoners and free women empty of their beds all the flocks and had them washed in fresh water which I requested the master of the Ship to issue for that purpose - 3 women are weakly and helpless - no other occurrence of any importance open'd a cask of Flour 335th.

Tuesday February 4th 1823 Lat 44° 37" S
Long 136° ?" E

Weather hazy, but exceedingly fine for passage making - clean'd the lower deck as usual - The women are employ'd today making up their beds after being washed - Regulations the same as customary -

Wednesday February 5th 1823 Lat 44° 16" S
Long 140° 7" E

Weather extremely boisterous - women employ'd making their beds and Blankets as I have ordered them preparatory to my mustering them this afternoon - had but an improper cleaning for the lower deck owing to the roughness of the Sea - served each woman with a quantity of Black Thread - other remarks not material -

Thursday February 6th 1823 Lat 43° 23" S
Long 144° 20" E

Weather remarkably fine today - women employ'd washing up all their dirty clothes having allowed them a quantity of fresh water for that purpose - the beds are not up today having an inspection to make of them to see if they be marked properly according to my directions - In the course of the forenoon washed the lower deck - at 2 o'clock served each of the prisoners with a gill of wine - Regulations kept up as usual. -

Friday February 7th 1823 Lat 43° 34" S
Long 145° 2" E

Weather same - clean'd the lower deck as usual before breakfast – Beds not up today none of the women seriously indisposed altho' two or three are weakly and partly confined to bed – Regulations same as before – open's a cask of Beef

Saturday February 8th 1823 Lat 43° 25" S
Long 148° 2" E

Weather still continues fine – Stow'd the beds on Deck early in the morning and in the course of the forenoon washed the lower deck – Three prisoner women confined to Bed from debility – We are in hourly expectation of making Van Diemens Land – S. W. Cape – Regulations same as formerly –

PA301054PG Sunday February 9th 1823 Lat S
Long E

Weather hazy – Stow'd the beds on deck and clean'd the prison at nine a.m. muster'd all the women and children and found them very clean, assembled them for Divine Service which was performed by the Missionary- 3 convict women weakly Vigt: Ch. Fletcher Jane Robertson & Alice Sutton- we yesterday afternoon made the Cape South West and today in the entrance of D'Entrecasteaux's Channel – Served a gill of wine – Regulations same –

Monday February 10th River Derwent Hobart Town V,D,L.

Weather wet and unpleasant this morning – Beds below today owing to it – clean'd the lower deck as usual - at 10 o'clock the Ship cast anchor in Sullivan's Cove, shortly after which I went to the Governor with the Dispatch. In the course of the day landed several free women whose husbands happened to be at hand – no other remarks of any importance – open's a cask of pease – 5 Bussels.-

Tuesday February 11th Hobart Town Van Diemens Land

Weather fine and dry – Stow'd the beds on deck and clean'd the prison and free womens place properly out – Sent 4 women to the Hospital who have been weakly and lingering for a long time and are not strong enough to go to service – no other remarks of any consequence – have got fresh beef and vegetables for the home?

Wednesday February 12th Hobart Town V. D. Land

Weather remarkably fine – Stow'd the beds and had the lower deck properly clean'd out early in the morning as customary – at a half past ten o'clock His Honor L^t. Governor Sorell paid a visit to the Ship and inspected. He express'd himself highly pleased with appearance of the women and the arrangements I had carried into effect during the voyage. Several of the free women have landed today.-

Thursday February 13th Hobart Town V. D. Land

Weather excessively unpleasant – having a strong gale of wind from the N.W. which is extremely hot and suffocating - In the course of the forenoon landed forty-six of the Convicts all of whom went to respectable services. no other remarks of any importance.

Friday February 14th Hobart Town V. D. L.

Weather unpleasant – hot winds still prevail – Stow'd the beds and clean'd the lower deck in the usual way -all free women destined for this settlement have found their Husbands except two – Regulations same as formerly-

Saturday February 15th Hobart Town V. D. L.

Weather moderate and fine – The Ship today was discharged from demurrage – had the prison clean'd and the bedding stow'd as usual – the two free women have found their Husbands. -

PA301055PG Sunday February 16th 1823 Hobart Town V. D. Land

Weather remarkably fine – The women conduct themselves very orderly – none of them indisposed – at half past 9 a.m. muster'd them and found them clean and decent – had Divine Service performed in the prison in the usual way – at 2 p.m. served the usual quantity of wine to each of the prs. - Regulations same –

Monday February 17th 1823 Hobart Town V.D.L.

Weather serene and beautiful – no occurrence of any importance – Regulations same –

Tuesday February 18th 1823 Hobart Town V.D.L.

Weather fine – Bedding stow'd on deck – Ship exceedingly clean – women quite healthy – Regulations same as customary –

Wednesday February 19th 1823 Ship proceeding down the River Derwent.

Weather mild and fine – The Ship weigh'd this morning at 8 o'clock a.m. – Women all in good health and are very quiet in their behaviour – Regulations same.-

Thursday February 20th 1823 Lat 41° 10" S
Long 149° 20" E

Weather continues fine – Stow'd the beds on Deck and had the prison properly clean'd out as usual – none sick – at 2 o'clock served a gill of wine to each of the p^{rs}. Regulations same –

Friday February 21st 1823 Lat 40° 56" S
Long 149° E

Weather gloomy and unpleasant – women generally seasick – could not get the beds up – at 2 o'clock served a gill of wine to each of the prs. - Regulations attended to as formerly – open'd a cask of Flour 336th

Saturday February 22nd 1823 Lat 41° 3" S
Long 150° 32" E

Weather exceedingly fine – stow'd the beds and in the course of the forenoon washed the lower deck – at two o'clock served a gill of wine to each of the prs. – no other remarks of any importance –

Sunday February 23rd 1823 Lat 38° 44" S
Long 150° 38" E

Weather nearly same – Stow'd the beds and clean'd the lower deck as customary – at nine o'clock muster'd all the women and children and as usual found them all clean and decent – assembled them for Divine Service which was performed by the Rev^d Mr Williams – at 2 o'clock served a gill of wine.-

Monday February 24th 1823 Lat 34° 48" S
Long 150° 42" E

Weather serene beautiful – made the coast of New S^o Wales at 3 o'clock p.m. near Cape Howe – women are all healthy but a little turbulent - served a gill of wine to each at 2 o'clock - Regulations same –

PA301056PG Tuesday February 25th 1823 Lat 37° 4" S
Long 150° 34" E

Weather gloomy and looks like rain – beds not up today – Served a gill of wine to each of the well behaved but omitted those who had been noisy yesterday – Regulations in other respects the same.-

Wednesday February 26th 1823 off Jarvis Bay

Weather mild and fine – Ship standing along the Coast – Stow'd the beds as usual, and clean'd the lower deck – prisoners quiet, and are busily employ'd washing up their dirty clothes, having served them out fresh water for this purpose together with a small quantity of Soap –gave them a gill of wine as before – Regulations not different –

Thursday February 27th 1823

Weather exceedingly fine – The Ship anchored in Sydney Cove a little after eight o'clock this morning – women in good health and are very peaceable – issued wine – Regulations same.-

Friday February 28th 1823 Sydney Harbour

Weather serene and beautiful – Regulations in the morning as usual – at half past one o'clock Major Goulburn the Co^l. Sec^y came on Board and commenced mustering and at ½ past 3 pm. finished when he expressed his satisfaction of the orderly appearance of the women and the cleanliness of the Ship – Served wine –

Monday Saturday March 1st 1823 Sydney Cove
N.S.Wales

Weather fine – Had the women preparing to go on shore from daylight this morning – at 7 o'clock a.m. the Government Boats destined to carry them to Parramatta came alongside and in half an hour after we had them and all their luggage safely on board of them. The Colonial Secretary who attended expressed his best thanks for the decent appearance and orderly behaviour they exhibited and ordered the Boats to proceed forthwith – I cannot but express my great joy at having got -. The situation of a Surgeon Superintendent of a woman Convict Ship if he does his duty can be no sinecure as they constantly require to be looked after and particularly to restrain them from contact with the sailors – this can only be done by beginning well at first, and checking all appearance of intimacy before the Ship leaves England Directing the Master to discharge any sailor who may shew a disposition this way which I did in two or 3 instances, to his no small annoyance - I feel satisfied that making the women do almost everything for themselves and keeping them employ'd and on their legs is absolutely necessary to preserve them in health and that the duties of Superintendent are far greater than those of Surgeon.

PA301057PG

Case of Mary McGowan a convict from Liverpool-
aged 50 years – October 25th 1822

This woman applied to me this morning, with a complaint of her Bowels, which she said had been on her several days – on examining her, I found that her skin was hot, her pulse small and quick and the tongue furred together with an uneasy restless appearance about her - She had frequent purging which she said pass'd from her like water – I put her first into a cradle in the Hospital and afterwards gave her an ounce of Salts dissolved in a large portion of water – gave her also plenty of diluents drinks – The medicine produced a full discharge of offensive matter, and towards bedtime she expressed herself much better. gave her an anodyne draught.

26th She has been only twice purged during the night & expresses herself much easier of the griping and Tenesmus Rx pilulae Calom: grⁱⁱ c Opii ^{sp} bis in die Sumendus, and applied a broad Strip of Flannel round the abdomen – Symptoms generally less urgent than yesterday – has no appetite. –

27th Bowels very relaxed – has had an uneasy night of it pulse small and quick – Tongue dry and furred, skin hot - Repeated the two grain pill of Calomel with half a grain of Opium twice a day as before and gave her an anodyne draught at night. -

28th She remains nearly the same as yesterday – repeat'd med^e.

29th Purging very frequent, and has a great deal of Tenesmus. She rested badly during the night, and expresses a miserable foreboding of death – gave her the pill three times today and repeated the draught at bedtime.

30th I visited the Hospital early this morning and was pleased to find this woman had had a better night, and was much easier – her skin lost the dry feel, and her pulse indicates a change for the better – She had been but twice purged in the night – Repeated her pills three times during the 24 hours and the draught at bedtime. She has no appetite.

30th Her Disease appears less violent, having been only 3 times purged during the last 24 hours, her countenance is more lively, and she complains of very little griping or Tenesmus – She says she feels a copperish taste in her mouth – has taken a little Sago today – Tongue begins to clear round the edges, pulse and skin becoming more natural Repeated her pills only twice in the 24 hours. –

November 1st She has had a tolerable good night & her purging is not more than it was last 24 hours- appetite beginning to return – mouth a little affected by the mercury - Repeated the pill only once today –

2nd Her mouth is a little sore, and ptyalism is commencing gave her no other medicine – appetite improves daily

3rd Her gums feel seriously affected this morning – purging mainly abated – gave her Sago with a little port wine in it and an anodyne draught at night –

PA301058PG

4th She has had a good night and is quite convalescent. Tongue nearly clean, skin moist and cool- mouth very tender and salivates a good deal –gave her the Sago with port wine as before –

5th She has had no symptoms of any consequence the Disease being nearly checked – continued same –

6th Mouth sore – has had no purging of any consequence – appetite coming to daily – complains this morning of a lurking pain in the lower part of the abdomen – gave her a small dose of Castor Oil which produced the desired effect

7th Mouth sore – functions becoming natural – She has taken the Sago with Port Wine occasionally & at times a little fresh Soup – gave her an anodyne draught at bedtime. -

8th ptyalism continues about the same – The Disease appears conquer'd, having been only once purged during the last 24 hours and functions become more natural every day – It would appear from the present state of this case that it could hardly have terminated unfavourably but the reverse will be proved by the sequel – This woman who was a most abandoned character attacked me today in the most violent manner regarding the soreness of her mouth and accused me of having beguiled her into it, with many hard sayings and vile epithets not fit to repeat and in fine protested she would not under any terms take any thing again in the shape of physic - I endeavoured to palliate the matter by every means in my power, instancing the wonderful effect of the medicine in relieving her of her former suffering but all to no purpose, I did not think at the time that this was more than a mere ebullition of passion but I am sorry to say it was carried to the fullest extent and meaning of the declaration – The soreness of the gums continued for several days and while this lasted she had no appearance of Dysentery – She had merely a few soft stools without either Tenesmus or griping, and her functions were fast approaching to their natural state, but as the ptyalism subsided so also did the Disease advance, and neither entreaty nor force could prevail on this wretch to take anything in the shape of physic.

I had therefore no alternative left but to apply a Blister to the lower part of the abdomen (which after a great deal of trouble I persuaded her to let me do) and to support her with Stimulants – This woman continued to linger in the most deplorable state, still keeping up her determination with inveteracy till the 19th November when she departed this life in the harbour of Rio Janeiro -

PA301059PG

Case of Elizabeth Fletcher, Convict, aged 20 years

October 26th 1822

This woman was attack'd during the night with violent Epileptic fits to which she had it appears become subject to during her confinement in Newgate, She remain'd after they subsided in a state of torpor and insensibility for nearly 24 hours during which time I took from her arm 25 ounces of blood and applied a blister to the nape of her neck and also gave her a small dose of purgative medicine.

I sh^d state that this unfortunate had suffer'd by a Syphilitic affection some time before, which had caused her the loss of her right Eye, and the constitution appears as if it had been entirely saturated by the imprudent use of Mercury – in the course of a few days she gradually began to recover her former state of health which was always delicate and required attending to – I therefore placed her under the superintendance of one of the most steady women I could find, and kept her during the remainder of the passage under my own view in the Hospital, and having attended strictly to the state of the bowels and kept her constantly supported by wine and other comforts so liberally provided in Convict Ships. I managed to land her (altho' in a very low state) in Van Diemens Land & here I have learned she has since recovered her health and is now employed in service.

Case of Mary Langford (a free woman) aged 38 years
December 18th 1823 Dysentery

This woman has been ill (she says) for the last three or four days with some griping and purging together with loss of appetite and great debility – her skin is very hot and has a kind of dry feel – her tongue furred – pulse small and quick. Gave her an ounce of Salts dissolved in a pint of water, and a two grain pill of Calomel with half a grain of opium at bedtime – made her put on a Flannel Jacket next her skin.

19th She has been purged seven or eight times during the night, but she says with less pain, She feels very low and feverish, pulse small and fluttering – has no appetite and is extremely restless and uneasy, this woman is at last/best? of a cachectic habit and when she reach'd the Ship was excessively low, having come from the workhouse – Repetatur pilulæ Calom: c̄ opii ter die Sum: gave her an anodyne draught at bedtime.-

20th purging unabated – complains of some griping and Tenesmus – her stomach will not retain any fluids – pulse and skin mainly same – Repeated her Medicine precisely as yesterday

21st She has still frequent purging and the Symptoms are uncontrolled – She complains much of her Head and is extremely weak and helpless. her stomach is more settled – skin hot and no moisture on it – Tongue very foul – Repeated Medicine three times in the day as before

22nd Symptoms quite as violent as ever – I have little or no hope of her recovery – Repeated med^e. -

23rd She has not been so often purged during the night and she has had some refreshing sleep – She has been able to keep a little Sago on her Stomach - Bowels less painful and has not that writhing pain which so disturb'd her – The mercury appears to begin to affect altho' it has made no great show yet. Repetatur idem.-

PA301060PG

24th She has been only four times purged since yesterday after Dinner – her stomach is quite tranquil and she has had a good night - The mouth begins to be affected - Skin not so hot & has a little moisture – pulse less frequent – Strength very much reduc'd – gave her Sago with a little port wine in it as often as she c^d take it – Repeated her pill once in the 24 hours. -

25th The purging abates fast, has very little griping or Tenesmus and her rest and appetite become more natural – ptyalism commencing which alone could have arrested the progress of the Disease - omitted medicine except for anodyne draught at night

26th The Disease has mainly disappear'd – mouth sore, and salivates constantly –gave her Sago with port wine occasionally – no medicine –

27th She has complained since yesterday of a little obscure pain in bowels, but is generally better, and I consider her now out of danger. Rx: Olei Ricini Zfs Aqua Menthe Zij Statim Sumendus –

28th She has had three purges by the medicine which she says has entirely relieved her – her mouth still sore, but not unpleasantly so, and her sole complaint now is debility – gave her nourishment as often as she could take it – no med^e

31st In the course of the last three days she has improved gradually – The ptyalism abating, I have deemed it best to give her a few pills occasionally to keep up a gentle action of the salivary glands until the bowels shall have quite recover'd their wanted tone. no other medicine has been administered – gave her Sago with wine as before – This woman whose case I one time thought quite hopeless was entirely saved owing to the early absorption of the Calomel – She had an affection of her Head and an aberration of thought for several days which I have rarely observed in this complaint before and which I consider'd at the time as a fatal symptom, but the sequel is otherwise and she is out of danger

The Twin children belonging to a free woman named Edwards which died on their passage may be fairly omitted I think in a Medical Journal as their lives were not a sacrifice to disease but to inanity, I will endeavour if I can to describe them, they were about 18 months old, born in the Workhouse (I believe at Nottingham, and so staved and small that their dimensions to any thick sight might be said to be invisible they both weigh'd less than 15 pounds these little girls? were sensible and could speak, and even certainly, a quiet curiosity. These children were still on the breast and the woman for no entreaty of mine would submit to wean them. Which I attributed to the cause of their dissolution. I endeavoured to render them support with fresh meat and Soups and also Sago with a little wine in it, but they gradually declined in the state of “atrophy” which had attended them (I think) from their birth and the rice? in the early part of the voyage – The mother required much care and nursing to restore her health.

Case of Eleanor Shrieves Convict
January 10th 1823 aetat: 25 years

I was sent for early this morning to see this woman who complained that she had had a pain in her chest for 3 or four days back but which had thro'out the night increased upon her to such an alarming extent that she could hardly breathe, I found the pulse hard and quick – her countenance flushed and her respiration extremely laborious. She said her bowels had not been moved for several days, Rx Calom: ppⁱ gr 8 c̄ Solutio Sulph. Mag: Zvi Statim Sumendus. I allowed her to remain quiet for one hour and a half after which I bled her 'till I

produced a remission of all the urgent symptoms & gave her free respiration. I do not know exact amount of blood I extracted having apportioned it, entirely to the effort it produced on the Disease.

PA301061PG(began inline above)

The bleeding produced a good deal of syncope, during which period the physic operated most largely - She afterwards express'd herself almost relieved - gave her diluents drinks frequently - Towards evening reaction commenced and her respiration became affected - Skin dry and hot, pulse full and quiet - open'd the vein again and took away about twenty ounces of blood which produced a slight syncope - applied a Blister to the Chest - Bowels still purging - at nine she felt tolerably easy - Rx pulvis Antim g^r x M ft pilulæ iv? bis in nocte S^s.-

11th During the early part of the night she felt quite easy and has considerable moisture on her skin, but towards morning, her respiration again became affected and demanded a repeat of the bleeding which I carried to a very great extent, Vigt: 'till I had produced Syncope and moisture on the skin - the blister has drawn well - removed it and applied a dressing - gave her a solution of Salst and Sennæ to keep up the laxity of her Bowels.-

12th She has had no recurrence of the urgent symptoms yet - skin moist, and cool- pulse full and soft, but considerably accelerated - Bowels purging - I now wait appearances - Towards night a troublesome cough has come on, and her skin has become dry - She has great repugnance to Bloodletting which possible makes her say her breathing is not painful -? ? ran from the blister - pulse much increased since morning - took away eight ounces of blood from her arm after which she took an effervescing draught -

13th I rose at daylight this morning and found this woman in a very tranquil state, and that she had an easy night - Skin moist and cool - pulse full and soft - Tongue clean - directed her to take a little Salts and Sennæ to keep her bowels loose - cough not troublesome. -

14th The pain of the head has again become troublesome, produced principally by a teasing? cough, bled her again to the extent of 16 ounces which has produced the desired effect - bowels free - applied a fresh blister to the chest the former having dried up - gave her some pectoral medicine.-

15th Since the last bleeding she has not complained of any pain in her chest, the Blister has produced the proper effect and she at present remains quite convalescent - Skin moist and cool - Tongue beginning to get clean and has a little appetite - pulse soft and quite moderate cough not troublesome - Repeated the pectoral medicine.

16th Symptoms very favourable - Blister discharging - This woman whose case required the most prompt as well as determined treatment, has been subject, she says, to affections of the chest - this one appears to have been the most violent, but which was happily arrested early by the dint of bleeding and other antiphlogistics and she was after a few weeks nursing perfectly restored to her former state of health and on the arrival of the Ship at Van Diemens Land she was appropriated to private service in a respectable family.

I beg leave here to state that altho' many complaints from time to time occupied my attention during the passage of the Lord Sidmouth from England to New S^oWales, which don't appear in this journal, yet I trust I shall be excused when I state that most of them only required the superintending care of the Surgeon, and that they were only to be combated by rallying the parties into better spirits - keeping them employ'd and rendering them nourishment when necessary of which the Service is so liberally supplied - I have had the Honor of being four times as Surgeon & Sup^t of Convicts to N.S. Wales, two voyages of which I did not lose an individual, and of the two others only 3 grown persons, one of whose lives (as detailed in this journal will shew) I could have saved provided I had had a tractable person to deal with - and I have the Honor to be

Honb^{le} Gentlemen

Your most Humble and obedient servant

Robert Espie Surgeon & Sup^t

(Late of Lord Sidmouth female Convict Ship)

To

The Honb^{le}

The Commr of H.M. Victualling

Office Somerset House

London

Copy of the sick list of the [ShipName] Female Convict Ship

When Put On Sick List	Name	Age	Quality	Disease or Hurt	When Put Off Sick List	How Disposed Of

Medical and Surgical Journal of Her Majesty's Convict Ship *[ShipName]* between the [from date] and the [to date] during which time the said ship has been employed in a voyage from [departure place] to Hobart Town, Van Diemen's Land

A Nosological Synopsis of the Sick Book kept during the Period of this Journal, in conformity with the 30th Article of the Surgeons' Instructions.

Diseases Nosologically arranged	Numbers						Nos. of such Cases as are detailed in the Journal
	Total	Discharged to Duty	Sent to the Hospital	Died on board	Invalided	Remaining	
Pyrexiae							
Ord. I. Febres.							
Internulleates Quotutiana Tertiana							
Continua Synochus							
Typhus							
Ord. II. Phlegmasiae.							
Phlogosis							
Pneumonia							
Rheumatismus							
Cynanche							
Bronchitis							
Ophthalmia							
Ord. III. Exanthemata.							
Variola							
Rubeola							
Erysipelas							
Vaccina							
Ord. IV. Haemorrhagiae							
Haemoptysis							
Phthisis incipiens							
Phthisis cosfirmata							
Ord. V. Profluvia.							
Catarrhus							
Dysenteria							
Neuroses.							
Ord. I. Comata.							
Apoplexia							
Ord. II. Adynamiae.							
Dyspepsia							
Ord. III. Spasmi.							
Asthma							
Diarrhoea							
Cohea							
Ord. Iv. Vesaniae.							
Amentia							
Mania							
Cachexiae.							
Ord. I. Marcores.							
Tabes							
Ord. II. Intumescenciae.							
Anasarca							
Ascites							
Hydrothorax							
Ord. III. Impetigines.							
Syphilis							
Scrophula							

Icterus							
Scorbutus							
Locales.							
Ord. I. Dysaethesiae.							
Amaurosis							
Ord. II. Dysorexiae.							
Ord. III. Dyscinesiae.							
Ord. IV. Apocnoses.							
Gonorrhoea							
Ord. V. Epischeses							
Ischuria							
Obstipatio							
Dysuria							
Ord. VI. Tumores.							
Aneurisma							
Ord. VII. Ectopiae.							
Hernia							
Prolapsus							
Luxatio							
Ord. VIII. Dialyses.							
Vulnus							
Uleus							
GENERAL TOTAL							

NOTE.—Medical Officers are desired particularly to Notice that the Numbers in each Disease and the general Total must not only correspond with the Sick Book, but also with the particulars contained in the several Nosological Returns for the period.

GENERAL REMARKS

[Surgeon Name]
Surgeon Superintendent

Dated at Hobart Town
[date]