Surgeon's Journal of Her Majesty's Female Convict Ship Arab Mr William ROGERS Surgeon from 20 November 1835 – to 29 April 1836 Adm. 101/4/3

Copy of the sick list of the Arab Female Convict Ship

When Put	e sick list of theAral Name	Age	Quality	Disease or Hurt	When Put	How
On Sick					Off Sick	Disposed
List					List	Of
Decr 10	Elizabeth Murray	19		Asthma	Decr 15	To prison
1835						off List.
Dec ^r 10	Alice Dowland	23		Ulcus	Febry 21	D°.
Dec ^r 11	Ann Smith	40		Diarrhoea	Dec ^r 15	D°.
Dec ^r 11	Lucy Rabbits	23		D°.	Decr 15	D°.
Decr 11	Ann Callanan	21		Chronic Rheumatism	Jan ^y 29	D°.
Decr 11	Ellen Boyd	25		Diarrhoea	Decr 15/35	D°.
Decr 12	Christiana Hawklend	45		D°.	Dec ^r 16	D°.
Dec ^r 13	Mary Smith	28		D°.	Dec ^r 15	D°.
Dec ^r 15	Isabella Jackson	25		D°. & Epilepsy	Dec ^r 16	D°.
Dec ^r 13	Margaret Walker	22		Catarrh	Dec ^r 16	D°.
Dec ^r 14	Susan Fitzgerald	19		Puerperal Fever	Dec ^r 25	Died
Dec ^r 17	Jane Marshall	16		Venereal Ulcers	Jan ^y 6	Off List
Dec ^r 19	Sarah Cooper	33		Cynanche Tonsillaris	Dec ^r 23	D°.
Dec ^r 23	Ann Powers	25		Pleuritis	Jan ^y 14	D°.
Dec ^r 24	Mary Jones (2)	25		Obstipatio	Dec ^r 28	D°.
Dec ^r 27	Jane Horton	30		Catarrh	Decr 31	D°.
1836						
Jan ^y 5	Emma Marland	19		Pleuritis	Jany 14	D°.
Jan ^y 9	Emma Cousins	23		Contusion shoulder etc	Jany 23	D°.
Jan ^y 16	Rachel Becket	18		Ulcer left Tibia	April 25	D°.
Jan ^y 18	Mary Jones (4)	18		Icterus	Jany 28	D°.
Jan ^y 25	Julia Maria Cramp	23		Scorbutus	Febry 14	D°.
Febry 21	Ann Hampson	22		Febres	March 22	D°.
Febry 21	Catherine Monaghan	35		Obstipatio	March 15	D°.
Febry 21	Emma Marland	19		Abscess right axilla	Febry 25	D°.
Febry 21	Emma Cousins	23		Obstipatio	March 15	D°.
Febry 28	Eliz th Murray	19		D°.	March 8	D°.
Febry 28	Mary Williamson	25		D°.	March 5	D°.
Febry 29	Mary Brierly	19		D°.	March 6	D°.
March 1	Emma Marland	19		Da & Abscess	March 15	D°.
March 2	Eliz th Blacklock	21		Catarrh	March 22	D°.
March 2	Jane Marshall	16		Gonorrhoea & Syphilis	April 25	D°.
March 4	Agnes Calder	36		Obstipatio & Pleuritis	March 22	D°.

Medical and Surgical Journal of Her Majesty's Convict Ship *Arab* between the 20 November 1835 and the 29 April 1836 during which time the said ship has been employed Transporting 132 Female Convicts & 17 Children from Woolwich to Hobart Town, Van Diemen's Land

Nature of Disease	No. of Case	Men's Names, Ages, Qualities, Time when and where taken ill, and how disposed of.	The History, Symptoms, Treatment, and Daily Progress of the Disease or Hurt.
Asthma PA290190JPG	1	Eliz th Murray Ætat: 19 Woolwich 10 th December 1835 Thermom° 52°	Has been plethoric, but is much emaciated having been four months in prison, says she is very subject to colds, breathing difficult. Tongue moist, coughs violently at times little or no expectorate, complains of severe headache & weakness, with pain in the chest, pulse 84, small & tense. Bowels regular, catamenia stopped 3 months. Rx. Hydrag. Submur. gr.iv. Extract. Colocynth. C. gr. x. M ft. Bol. Stat. S. Emplast. Lyttæ. Thoracis qua dolet. impon. 11th Breathing a little easier, blister rose well, cough still very urgent, little or no expectoration, Tongue moist, skin soft, pulse 96 regular, Bowels open, complains of headach, Rx. Mistura Salina Ž vj. T.[Fol] Scilla zj. Vin. Antimon z ifs Syrup. Ž ifs. M-ft Mist. cochlear. ij. magn. 4th quaque hora Sumend. Aqua hordei propotu ad libitum. 12th - Breathing much easier this morning, expectoration freer; blister healing. Tongue moist. B. slow. Hab. Pil. Cathartic No. ij. statim postea mistura ut heri. 13th - Cough less, expectorates freely and can take a full inspiration with ease. B. opened twice. contint. Mist. expectorans ut antea 14th continues mending - continue 15th no complaint. Discd. from List.
Ulcer	2	Alice Dowland Æt. 23 Convict 10 th Dec ^r . 1835 Woolwich Therm. 50° Jan ^y 18 th 1836 At Sea Therm. 68°	Has a deep foul ulcer on the inside of the left hip, about 6 inches in circumference, says it commenced as a small pimple close besides the labia pudendis, has concealed it four months, and would not complain to the Surgeon of Salford Gaol least she should have been kept longer in prison, has had the venereal Disease three times – cataplasm commun. bis, die applicatur & to keep herself scrupulously clean. 17 th – ulcer cleaner but still very extensive, continue Cataplasm Altho' the ulcer is somewhat contracted it is foul at the bottom, healing slowly. Hab. pilula Hydrarg. j mane que nocte continue Cataplasm ut antea. To have flour etc. in lieu of Salt Meat. 230 th - Breath a little tainted. Ulcer contracting & looking clean. Sol. Magnes. Sulph. Živ, statim. S. continue cataplasm. 21 st Febr ^y – From the last report till today she has taken 6 more of the pil. Hydrarg. with occasional Laxatives. the Ulcer being quite well. Discharged from List, as she seems much Debilitated, cont. flour etc.

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Chronic Rheumatism PA290191JPG	3	Ann Callanan Ætat:21 Convict 11th Decr. 1835 Woolwich Therm. 51° Temp. 82° Dischd from List 20th Jany 1836 Cured.	Has for this some time passed, appeared weak in her step when walking, & apparently with difficulty could drag one leg after the other, - on enquiring she says that she contracted her complaint in prison and until the time she left Newgate had been under medical treatment there; but as she wished to get away with her companions she told the medical attendant she was nearly well. today she is unable to get up complains of severe headach, and pain & stiffness in the right hip and Knee joints, catamenia left her four months, her person is weak and emaciated to a degree. Rx. Extract, Colocynth: c. Gr. v. Hydradrg. Submur Gr ij Mft Bol. Stat. Sumend. Thea tepid ad ad libitum. Vespere — seems to think herself a little better but the severe pain in the sinciput continues. B. once opened, arterial action but little affected. Skin moist. Tongue somewhat furred. Emplast. Lyttæ. os frontis qua dolet imponatur. Diluents etc. 12th Pain in her Knees etc. easier and that in her forehead much relieved. Bowels open, dressed the blister. Hab. Pulv. Ipec. comp. Gr xv hora somni 20th — Continues mending, bowels regular. Skin moist. Tongue clean, appetite good. Omitt ⁿ . medicamenta 29th Jan ^y 1836 — From last report many occasional Laxatives have been given. She is still weak but no complaint. Disch ^d from List Therm: 82°
Partuition PA290192JPG	4	Susan Fitzgerald Ætat 19 Convict 14 th Dec ^r 1835 Woolwich Therm. 52°	Was taken with Labour pains last night and continued until this morning about 11 o'clock when she was delivered of a stillborn child in a state of purification, apparently having been dead a month or six weeks, this was a footling case, the right foot presenting first, as it was a protracted labour and no expulsion pains, at the same time the patient much exhausted the two arms were brought down & I delivered her of the child, had gruel & a little wine negus to keep up her strength during Labour. Vespere. — Placenta still retained & no expulsion pain since she was delivered this morning, Lochia moderate, has taken some Sago with <i>3ifs Vin Rub</i> . Pulse 82, regular. Tongue furred a little, a gentle Diaphoresis pervades the body. 15 th [Sleeped?] but very indifferent, placenta in status quo endeavoured to persuade her to allow me to take out the consanguine but she is determined & obstinate. Bowels not opened since the 13 th flooding at intervals, Complains this morning of pain in her bowels & loins, no expulsive pain since the child was born, pulse 97. Tongue dry. <i>Hab. Ol: Ricini ¾ j stat.</i> Diluents. Sago etc. Vespere — Had been very quiet during the day pulse 87, soft and regular, Tongue a little parched, Bowels not yet moved, placenta not yet detached. <i>Hab. Sol. Magnes. Sulphat. ¾ ij. cras mane si opus sit.</i> 16 th — No alteration whatever since yesterday Evening. Bowels not yet moved. Gruel. Sago, etc 17 th — Passed a watchful night vomiting at times, had ¾ <i>j Ol: Ricini</i> last evening and rejected it, again about 11P.M. has had an Enema which had but very partial effect, at midnight ¾ <i>ij of the Sol. Magnes Sulph.</i> was administered,

PA290194JPG		23 rd Dec ^r 1835 Died 11 A.M. Off Sheerness Therm. 50°	Vespere. – Continued much in the same state as at last report, sinking gradually, apparently without pain or uneasiness until 11 this forenoon when she expired, at 5 P.M. read the funeral service and buried the corps off Sheerness.
Venereal	5	Jane Marshall Ætat. 16 17 th Dec ^r 1835 Woolwich Therm. 51° 6 th Jan ^y 1836 Discharged Cured from List.	Has several large foul ulcers on the inner surface of the laterium pudendi, with a swelling in both groins. os palati seems also affected, says she has been taking medicine in Exeter Gaol, and was very ill when she was taken from that place to this ship. Hab. Pil. Hydrarg. gr v. bis die Cataplasma commun. maneque nocte Bubo. applicator. Curat. ulcus more solito. 4th Jany 1836 – Both swellings have been absorbed, ulcers looking cleaner. Mouth affected a little. Intermitt. pilula pro temporus - continue ulcus application 6th – Ulcus cicatrized, says she has no complaint. Discharged accordingly from List.
Pleuritis PA290195JPG	5	Ann Powers Ætat. 25 Convict Jany 16th 1836 At Sea Therm. 62° Off the Nore Lights (North Foreland Lighthouse?) Therm. 51°	Complained yesterday morning of pains under the right breast, difficult breathing, cough & severe headache, bowels slow, of a weak & debilitated constitution; two Carthartic pills were given followed by \$\frac{2}{ij}\$ Sol. Sulphis. Magnes which opened the bowels well, a blister was afterwards applied to the side, and the Mist. Saline c. [] Antimon et Scillæ, was administered during the night. today she breathes easier, and feels no pain in the side but when she coughs, skin moist, Bowels opened once this morning. Tongue clean, pulse 87, soft but full. Continue Mist. ut heri. Vespere At 4 P.M. as the difficulty of breathing returned, with the hard & frequent cough, \$\frac{2}{3} xvj\$ of blood was extracted from the arm which in a great measure relieved her. Cough still is troublesome but not so frequent. Cont': Mistura 24th Cough continues but not so troublesome, rested better last night. Bowels not opened. Tongue & skin moist, pulse 86 sound & more soft, and breathes comparatively easy, complains only of some uneasiness over the ensiform cartilage, no expectoration, blood drawn highly buffy says she is subject to this complaint whenever she is exposed to cold or wet. Rx. Mist. Nitras Potassæ Žvj Tinct. Scillæ 3ifs, Tinct Opii gtt xxx Afft Mist. cochlear Magn. ij 2da que qua hora sumendus. Aq. Hordei pro potu. Vespere – Short tickling cough, pulse small 98, skin soft. Tongue clean, Bowels not opened during the day. Catamenia appeared last night. V.S. ad Žxx - before leaving her bedside, the cough had ceased and appeared much relieved. Cont''. Mist. Nitras etc 25th Rested very indifferently, incoherent at times, cough but little during the night. Skin moist, Tongue clean & natural, pulse more full and naturally soft, ranging about 92, blood buffed. Bowels not opened. no expectoration. Hab. Sol. Magnes Sulphate Žij 2da qua que hora donec alvus bene respond''.

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	Off the Nore Lights (North Foreland Lighthouse?) Therm. 50°	26 th – Bowels opened twice yesterday, cough & respiration less troublesome until 4 A.M. when she again complained much of the cough and difficulty in breathing, with pain in the right side, pulse 100, soft & regular, Tongue Clean. Skin soft. Rx. Tinct. Opii M xxiv. Tinct. Scillæ 3i. ft. haust. cum Aq. cinnam. Žij. stst. sumendus. Therm. 25° Emplast Lyttæ qua dolet imponere 27 th – Passed a good night cough easier and now expectorates freely, pulse 92, soft but weak, catamenia flowing a little, Tongue moist, skin soft, Bowels not opened, takes now a little thin Sago & water gruel Cont ^r . Mist. Nitras potassæ ut antea 28 th – Breathes easy & expectorates freely, no pain in the side on taking a full inspiration, Bowels slow.
	Off North Foreland Therm. 49° Discharged cured 10 th Jan ^y 1836	Contr. Mist. Nitras potassæ Cough almost gone appetite returning little or no complaint but debility. Bowels regular. Contr. Mist. Nitras potassæ 5th Jany 1836 – came up on deck a few minutes yesterday but continues very weak, appetite not so good these few days. B. regular, no cough, pain in the chest gone. Rx. Sulph. Quinin. Gr v. Aqua žifs and Sulphur Nitrat gtt vj Mft haust. bis die sumendus, omittr Mist. Nitras potassæ. to have a little preserved meat 10th – no complaint dischd from List.
6	Emma Marland Ætat. 19 5 th Jan ^y 1836 At Sea Therm. 56 °	Complains of severe pain under the right breast shooting backwards to the spine, takes a full inspiration with very little pain & no cough, pulse 82, soft. Tongue clean and moist. Bowels regular. Hab. pilula Colocynth. c. No. ij statim post hora ij. Sol. Sulphas Magnes Žij 2 ^{da} qua que hora done alvus resp ^r . Emplast Lyttæ qua dolet imponat ^r Vespere- Blister not risen, complains very much of the pain in her side when she inspires, extending to the spine and right shoulder, pulse 96, Skin soft. Tongue clean. Bowels not opened. Thirst. V.S. as Žxxiv statim et Solut. Magnes Sulph. ut antea prescript. 6 th Pain in the side less, Blood drawn contains a great deal of serum but not buffed, complains now of the pain in the right shoulder being worst. Bowels opened frequently. 7 th – Complains most of the pain in the right shoulder. Bowels not opened sine yesterday, Tongue clean & pulse natural. Emplast Epigastric Scapula qua dolet imponend. Aq. Avenæ pro potu. No medicin. 9 th – Blister on the side nearly well, that on the shoulder dressed, no pain or uneasiness except from the blisters. Bowels regular. 11 th – Blisters nearly well no complaint otherwise. 14 th No complaint, says she is quite well. Discharged from List.
	6	Off North Foreland Lighthouse?) Therm. 50° Off North Foreland Therm. 49° Discharged cured 10 th Jan ^y 1836 6 Emma Marland Ætat. 19 5 th Jan ^y 1836 At Sea Therm. 56°

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Ulcus	7	Rachel Beckett Ætat 19 Convict 16 th Jan ^y 1836 Therm. 63 in Shade Discharged cured 25 th April 1836	Complained last evening of having had a fall and opened an old ulcer on the left Tibia four days ago, it looks foul & discharging a thin ichorous sanies. Bowels confined. Cataplasm Commun. bis in applictur. hab. Haust. Purgans quam primun. 20th Leg inflamed to a great degree, ulcer looking foul with a sanies discharge, edges ragged. Hab. Pil. Calomel G rij omni nocte. Continur. Cataplasm ut antea 4th Febry. Mouth a little affected by the medicine, ulcer still unhealthy, discharge less but not contracting. B. regular Omitt ^r pilula Calomel Rx. Nitras potassæ zifs Succ. Lemon. žifs Saccha zij Aq. žvj Mft Mist. žv bis die sumendus Con. Cataplasm. ut antea, to have flour in lieu of Salt Meats. March 10th Ulcer contracting & clean, omitt ^r Cataplasm. Cont ^r Mist. Curat. Ulcus c. Ungt. Resina bis die .25th April. Ulcer cicatured. Discharged from List
Scorbutis PA290198JPG	8	Julia Maria Cramp Ætat. 23 Convict 25 Jany 11836 At Sea Therm. 82 °in Shade	Of Leucophlegmatic habit, says she has been tapped for dropsy twice, her arms and legs are covered with petechial blotches, gums spongy & bleed occasionally, teeth foul, breath fetid. Pulse and Bowels regular, incapable of moving her right arm. *Rx. Nitras potassæ 3fs. Sacc. Lemonis 3j Sacchar 3ij. Aq. 3iij Mft haust. ter in die sumendus. 26th - Blotches painful to the touch, no alteration otherwise, only the stomach seems irritable & complains of headache. Bowels regular. Cont. Haust. 27th - Blotches rather decreasing but the arms and legs painful on pressure, had 3jj. Sol. Magnes Sulph. last night. Bowels twice opened. Cont. haust. 28th - Irritability of the stomach gone but still some headache. Blotches disappearing. B. opened thrice, but scantily, had Gr x Calomel & Gr vj Extract Colocynth last evening. Cont. haust. Nitras potassæ etc. 30th Bowels well opened these two days, pulse 87, soft. Tongue, coated, gums now healthy to appearance. Blotches stationary, complains much of the pain & swelling of her wrist (right) very weak - cont. haust, to have soup. Right arm still very stiff. Legs and ankles swell very much during the day. Bowels rather confined. pulse 86, soft & regular. Tongue still foul, complains of Dysuria, in other respects as last report. Rx. Extract Colocynth c, Gr x. Hydra. Submur Gr vj Mft, Bol. stat. sumendus, post opus. contin. Haust. Antiscorbutic. 5th Blotches completely disappeared as also the pain & swelling of the ancles, that of the right wrist and arm continues, the arm seems powerless. B. slow again. repet'. Bol. Calomel & Colocynth ut antea. 7th – Swelling of the right wrist diminishing progressively, appetite pretty good. Bowels open. cont' haust. 11th – Seems to have no complaint, except a little

		14 th Feb ° 1836 Discharged cured At Sea Them. 81 °	14 th Complains of a little pain in the wrist remaining, in other respects quite recovered. Discharged from List To have flour, raisins, etc in lieu of Salt Meat.
PA290199JPG	9	Ann Hampson Ætat. 22. Convict 24 th Feby 1836 At Sea Therm. 79 ° shade	Complained two days ago of pain and uneasiness with weakness across the lower lumber vertebrae which she ascribed to not having seen the catamenia for 3 months, a purgative mixture was prescribed at the time, and not having made her appearance again she was supposed to be well. – Today she complains of pain extending from the ensiform cartilage to the dorsal vertebrae with general lassitude & debility, clammy perspiration & extremities cold. Pulse 86 regular but weak, Tongue furred. Bowels opened twice. Haust. Emetic q.p. [] postea. Emplast Lyttae. part. affecta. applicator. 25th – Passed a sleepless night, blister dressed, had a pill composed of Hydrarg. Submur. Gr ij opii crud. Gr ¼ every three hours during the night. Bowels not opened today. Emetic acted partially complains still of pains in the epigastrium, pulse 90, sound & regular. Tongue furred, Skin cold & clammy, great depression of spirits with constant thirst. Rx. Liquor. Ammon. Acetet. Mist. Camphora a a zyj Spirit. ether. Nitrat zj Tinct. Opii gtt. xx 4ft. haust. stat. s. Continuent. pil. ut heri prescript. aqua hordie propotu ad libitum. At 3 o'clock this morning the pain in the right side being very much augmented but that in the region of the stomach less and accompanied with difficulty of breathing and incapable of resting on the affected side with a small pulse ranging about 100. Tongue foul. Sk. cold & moist with considerable thirst. Žxvj of blood was extracted from the arm, a blister applied over the part complained of. Gr vj of Hydrarg Submur, & left to rest. 8A.M. 26th — Seems a good deal relieved, blood drawn in the first cup buffed, that in the second cup not. dressed the blister first applied. B. not opened, breath tainted. Hab. Sol. Magnes. Sulphatas zij stat. omitt*. Pil. Hydrarg. Submur. et opiii 27th — Has had some sleep during the night, less pain in the right hypochondrium. pulse 90 soft & regular. Tongue furred, Skin moist. B. 3° opened mouth a little sore dressed the blister first applied. B. not opened, breath tainted.

PA290200JPG		29 th Febr ^y 1836 At Sea Therm. 71°	moist, less thirst. Rx. Liquor Ammon. Acetat. Mist Camphore a a zvj. Sp. æther Nitros zj. Mft. haust ter die Vespere. Repet. haust Anodyne ut heri. Aq. hordie pro potu ad libitum. Passed a sleepless night with a good deal of delirium, but towards morning became more tranquil, her hair was cut off last night and cold lotion of vinegar & water applied frequently to the head. Bowels open, Tongue moist but foul, pulse 89, sound & soft, less thirst. Sk. moist, first blister applied well, the last nearly so, the pain complained of considerably relieved – Cont ^e . Haust. Camphore ut antea – to have a little thin Sago, Tea etc VespereHaust. Anodyne h.s. repet. 1st march. – Had a much better night and seems on the whole better today, pulse 90, soft & regular. Tongue furred but moist. Skin moist & cool, less thirst. Bowels not opened today. Continue Haust. Ant. Ammon. etc. To have a little thin Sago only 2nd – Comparatively quite well this morning. Sleeps well & seems quite refreshed, says she feels no complaint. – Omitt ^e . medicam. Sago etc. 22nd. Since last report mending daily having now no complaint. Disch ^d .
Obstipatio PA290201JPG	10	Margaret Williamson Ætat.25 Convict 28 th Febr ^y 1836 At Sea Therm. 76°	Of a stout and robust constitution was attacked most unfortunately at 4 P.M. last Evg. with violent tormina around the umbilicus, incapable of resting in one position a single moment even to ascertain the state of her pulse, her extremities cold, and the surface covered with cold perspiration, her features expressive of great suffering had exposed herself to the hot rays of the sun the most part of the day with confined bowels. No. xxx Tinct. Opii in an ounce of brandy and two of water was prescribed which in some measure allayed the pain. Gr x of the Hydrarg Submur was then given in two pills, followed by žij of the Sol. Sulph. Magnes. at 9 P.M. her bowels were partially opened, and the violent tormina a good deal abated, when the same quantity of the solution was repeated. 11 P.M. pain in the abdomen much easier but complained of severe headache, and the stomach now very irritable. Bowels opened thrice, last time scantily which was about 6 this morning. Rx. Aut. Antim žij Aq. pura živ Mft Lotio caput. sæpe lavat. Decoct. Avina, tepid pro potu odinario. Complains of a sense of weight in the Epigastric region, and headache, pain in the bowels nearly gone. Bowels once opened. Tongue coated a little, pulse 90 regular. Skin moist. Rx. Hydrarg. Submur. Gr vi. Extract. Colocynth comp. Gr vi Mft. Bol. statim sumendus -postea Hab. Sol. Magnes. Sulph. Žij si opus sit. 1st march – Bowels opened twice freely, seems to have nothing the matter with her but weakness, the abdominal parietas tender on pressure, to have a little preserved meat & gruel. 5th – No complaint discharged from List.

Pleuritis PA290202JPG	11	Agnes Calder Convict Ætat 36 4th March 1836 At Sea Therm 70° 21st March 1836 Therm 63° Dischd cured 22nd March 1836	Stout & robust, was attacked last evening with pain in the chest, difficulty of breathing and severe headache, pulse 90 small, Skin hot & considerable thirst. Bowels constipated, V.S. ad 3xx. statim. Rx. Hydrarg. Submur. Gr x. Mucilag. Min [Milotu??] q.s. ut fl. Bol [mor?] e exhibend This morning she seems to think the pain in the side easier, headache continues with some cough. Breathing considerably better. Bowels not opened. Tongue moist. Skin soft. Hab. Sol. Magnes Sulphatis 3ij et repet si opus sit, donec alvus bene respond. 5th – Bowels opened twice, headache continues, a little cough but breathes with ease, pulse 84, soft & full. Tongue pretty clean & moist, seems a good deal dejected. Rx. Mist. Camphora 3vj. Nitras potassæ 3j. Confect. Aromatica 3fs Mfi Mist. cochlea. magn. ij 3tis qua que hora 6th – Better this morning. Bowels opened once. Continue Mist. ut heri p To have gruel as she prefers it. 8th – Rested very indifferently last night, her sleep being much disturbed. Bowels not opened these two days. Tongue white but moist, little or no thirst, pulse small 84, will return no answer to the questions put to her only says she is better, refuses every kind of nourishment. Hab. Pulv. Jalapi composit; 2j statim. postea Cont. Mist. 9th – Sleeps little or none, she complained of pain in the right temple and a small blister was applied, pulse 87, regular. Tongue cleaner. Skin moist. Bowels open, refusing to answer and every kind of nourishment, such as a little Sago, soup etc. Rx. Hydrarg. Submur Gr ij. opii crud. gr ½. mucilage q.s. ut fi pilula 3tis quaque hora sumendus. Intermitt Mistura 10th – Throughout yesterday she continued in that listless state, at the evening visit a blister was applied to the Ligamentum Nuche & today she continues but in less degree, pulse 87, soft small & regular. Tongue clean. Skin moist, no thirst but complains a little of headache, continur. pil. ut heri prescript. 11th – Remains in the same listless state. Tongue clean. Pulse small 90, casily compressed, Skin moist
Pleuritis	12	Catherine Henrys Ætat. 28 Convict 8th March 1836 At Sea Therm 67 °	Was attacked last night with a sever pain in the left side under the 7 th costæ with difficulty of breathing. Bowels open. Tongue clean, pulse 78. Skin soft but hot, little or no headache or thirst at the accession of pain, had <i>m xv Tinct. Opii & žfs æther nitros</i> . this having no effect in allaying the pain gr xv of the <i>pulv. Ipecac.comp</i> . was

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PA290203JPG		9 th March 1836 Therm 65 °	given which in some measure relieved it. Today the stomach irritable, pain she says shifts and still endurable. Bowels not opened since she was admitted. Haust. Emetic quam primum capiend. Vespere - as the pain in the side continued after the operation of the Emetic at midday Žxx of blood was extracted from the arm, which in a measure gave immediate relief and toward the Evening. as the pain became more circumscribed a blister was applied over the part. Hab. Hydrarg. Submur. Gr x statim Pain in the side and difficult breathing much easier, blood buffed, pulse about 80 soft & regular. Tongue a little coated, blister rose well, Bowels opened thrice, complains of giddiness and dysuria today. Rx. Nitras Potassæ Gr xij Aq. puræ Žij Mft. haust. ter die sumend. 10th - Complains much of the pain of the blister, breathes with ease and passed a comfortable night, pulse 79, soft & pretty full. Tongue cleaner. Skin hot & dry, but little or no thirst. B. not moved today, makes water now freely - Soup. Rx. Mist. Salinæ Ammon. Žvj Nitras Potassæ zj. Mft Mist. cochlear ij.2da quaque hora Sumend. gruel. Omitt. haust, Nitras potassæ [] 11th - Bowels not opened, in other respects better. Rx. Hydragr. Submur Gr x Sapon. Hispan. q.s. ut ft pil. ij statim sumendus - Gruel. 13th No complaint but weakness omitt omni - preserved meat today. 14th - Seems quite well. appetite very good. Bowels regular. Discharged from List
Ephemeral Fever	13	Eliz th carter Ætat. 20 Convict 14 th March 1836 At Sea Therm 86 °	Complained of severe pain of her left side yesterday afternoon and has frequent chills and cold feet, but after having had some warm gruel etc, she was thrown into a state of perspirations- on me being called a dose of castor Oil in ½ glass of brandy was given, which produced a stool, and she seemed better, about 9 p.m. complained again of severe headache, and the pain shifted lower down in the abdomen and more anterior, warm gruel was ordered for the night & left. This morning the headache continues and she thinks the pain in the abdomen but little abated. breasts full of milk, it appears she had come out of bed yesterday morning and exposed herself to cold with nothing on her but a bedgown (5 days ago she was delivered of a male child). Bowels opened thrice, this morning pulse 96 firm regular but soft, a gentle diaphoresis now pervades the whole body, to have her milk extracted from the breast and tepid gruel warm tea etc given. the 16 th she had the Castor Oil repeated. Since then she has had no complaint.
PA290204JPG Scorbutic Ulcer	14	Alice Dowland Ætat. 23 Convict 11 th March 1836 At Sea Therm 70 °	The same person who had an extensive ulcer on the left hip and was disch ^d cured the 29 th of Jan ^y now complains of pain and swelling of the right knee joint and a large foul ulcer situated on the left Tibia, its edges thin and ragged, discharging a same transparent sanies, gums swollen and tender. Bowels regular.

		27 th April 1836 Disch ^d cured	Rx. Nitras Potassæ ə j Aqua puræ Žij. Succ. Lemonis Sacch. zj Mft haust. 4ta quaque hora sumend. Curat. Ulcus cum. Ungt. Resina. To have flour, Suet & raisins in lieu of salt meat, & dress the ulcer twice a day. 25th — There is another ulcer now appeared on the right Tibia, that on the left increasing in circumference but cicatrizing in the centre. Edges ragged & discharging a thin ichorous matter, as I have every reason to believe she eats salt meat in her mess. I have taken her into the Hospital & put her on the diet. — Cont'. Haust. ut antea. 24th — Ulcus nearly well, cont'. — to mess-27th — No complaint. Dischd from List
Obstipatio	15	Margaret Walker Ætat. 23 Convict 22 March 1836 At Sea Therm. 63 °	Delicate constitution, complains of pain and tension in the left side, quick pulse, Skin cool. Tongue dry but clean, no cough nor difficulty of respiration. Bowels constipated & the abdomen feels distended. Hab. Hust. Emetic, statim, post operatis. Hydrarg Submur Gr v. in pil. exhibitend. Decoct. Avenæ pro potu 23 rd — Complains still of severe pain in the abdomen, which continues to be considerably distended, rests very indifferent in the night. Bowels not opened, has had at different times ¾x of the Solut. Magnes Sulph. since midday yesterday. Enema commun. statin inject et repet si opus sit 24 th - The enema was repeated yesterday which produced two motions. Bowels not opened since, some delirium in the night. Belly still very tense, pulse 96, small & weak, skin soft. Tongue white but moist, complains of severe headache. Repet Sol. Sulphas. Magnes ¾ij, si alvus non respond Repet Enema ut heri. Decoct. Avenæ pro potu ad libitum.
PA290205JPG		25 th March 1836 Therm 67 ° 29 th March 1836 Discharged cured	The enema was repeated yesterday after having taken $3vj$ of Sol. Magnes Sulphates, little or no tension of the abdomen today and the pain gone, Bowels opened frequently. Omitt' omni. sed Decoct Avenæ 26th - Much better today but her mouth seems a little sore. Bowels open, appetite improving. Decoct. Cinchona $3vj$ Acid Sulphuric Dilut m xxx Aft gargarisma sæpe utend. 29th - No complaint. Bowels regular. Discharged from List.
Chronic Rheumatism	16	Ann Callanan Ætat. 21 Convict 24 th March 1836 At Sea Temperature 68 °	Complains of pain in her right thigh, knees & shoulders, with a severe headache, she was admitted on the List for the case of chronic Rheumatism the 11 th Dec ^r and as the Ship got to the Southward she progressively mended, when the temperature was at 82 ° - on the 29 th of Jan ^y she found herself quite well and was discharged from List but since the Ship has come into a high Eastern Long ^t . her complaint has returned, she is very much emaciated and very feeble in her limbs. Bowels she says are regular, pulse 72, soft. Skin rather hot & dry. Tongue a little coated. Rx. Hydrarg. Submur Gr x, Extract Colocynth. C. Gr vj Mft. Bol. statim s. Vespere – Hab. Pulv. Ipecac. Comp. Gr xv: h.s.

PA290206JPG		Therm. 56 ° 28 th April 1836 Disembarked	25 th – Headache continues, and pain in the limbs. Bowels opened twice. <i>Emplast Lyttae os frontis, qua dolet applicatur, Contr Pulv. Diaphoretic, hora somni</i> , to have preserved meats & soup with <i>ğiv</i> wine. 27 th – Headache less, pain continues in the arms & knees, Bowels slow. <i>Hab. Sol. Magnes Sulph. Żij [] Contr. Pulv. Ipecac. C. nocte ut antea.</i> 29 th – Less pain in her shoulders much of that in her knees & thighs, headache gone, blister well. Bowels regular. <i>Cont'. Medicamens</i> April 16 th – Better, & worse occasionally since last report, her appetite good, was attacked yesterday forenoon with nausea and vomiting, rejecting almost everything she makes use of, says she has no pain whatever today – had the Saline draught yesterday in a state of Effervescence during the day. Stomach less irritable today. Bowels regular. Extremely weak – <i>Continue haust. Salina. Omitt'. Pulv.</i> 17 th – Apparently has eaten something which had disagreed with her; for today she seems quite well & free from pain but very weak. Bowels regular. <i>Omitt'. Haust Saline</i> 25 th Continue mending. Appetite good. Bowels regular. No medicines. Disembarked at Hobart Town V.D.L. 28 th
Tabes Mesenterica	17	Charles Carter Ætat. 1 ½ 11 th April 1836 At Sea Therm. 57 ° At 3 A.M. expired.	This child was brought on board from Newgate by his mother in the chronic stage of Tabes Mesenterica, last evening seemed in a dying state, a cordial as prescribed, of a little weak port wine negus, but he could not make use of it, his disease has been looked for every day since his embarkation, being preserved only by diet & occasional laxatives. he departed this life at 3 A.M.
Catarrh & Constipation	18	Susan Purchace Ætat. 21 Convict 14 th April 1836 At Sea Therm. 57 °	Complained yesterday afternoon of universal pain, and sore throat. Bowels constipated had <i>Gr xvj of Extract. Colocynth. Comp.</i> and at the evening visit the former medicine having had no effect <i>3ij of Sol. Magnes Sulph</i> was given, pedilavium, recommended to drink plentifully of gruel, warm Tea etc. This morning her bowels have been partially moved, pulse 90 full & regular. Tongue furred whitish. Skin dry & cool. catamenia flowing which had been stopped 11 months. <i>Hab. Enema commun. statim</i> 15 th – Bowels not opened had <i>3ij Sol. Magn. Sulph.</i> early this morning says she feels better. <i>Decoct. Hordie.</i> 16 th – As her bowels had not been acted on an enema was administered last evening. Bowels opened thrice, pulse 90, soft & regular. Tongue moist & cleaner, some headache & complains still of the pains in her limbs, with uneasiness of her bowels. <i>Hab. Sol. Magnes. 3ij. statim. Decoct Avenæ et pedilum. hora somni</i> To have a little Sago for dinner. Less headache and the throat nearly well, indeed she seems to have little or nothing to complain of today. Bowels open, to have Sago for dinner, with <i>3ifs</i> wine, no medicine, cont ^r gruel

	25 th April 1836 Disch ^d cured.	25 th As she has no complaint & continues improving since the last report. Bowels regular and appetite good. I have discharged hr from List.
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ABSTRACT of the preceding JOURNAL, being a summary of all the Cases contained therein, Nosologically arranged.

	Numbers						
Diseases Nosologically arranged	Put on the Sick List	Discharged to Duty	Sent to the Hospital	Died on board	Invalided	Remaining	Nos. of such Cases as are detailed in the Journal
Pyrexiae							
Febres. Synoccha Puerperal Ephemeral	1 1 1	1		1			9 4 13
Phlegmasiae. Pleuritis Rheumatismus	3 2	3 2					6.11.12 3.16
Haemorrhagiae Catarrh	1	1					18
Neurasis Spasmi. Asthma	1	1					1
Cachexiae. Marcores Tabes Mesenterica Impetigines Scorbutus Syphilis	1 2 1	2 1		1			17 3.14 5
Locales Epischeses Obstipatio Dialysis Ulcus	2 2	2 2					10.15

General Remarks

Between the 20th Nov^r and the 10th Decr 132 Female Convicts and 17 children were embarked at Woolwich on board the Transport "Arab" for passage to Hobart Town Van Diemen's Land. Viz. 32 women from Newgate and 8 children from Newgate, - 3, women from Lewis, - 4, from Worcester – 1, from Newington, - 1, from Oxford. – 1, from Hull, - 3, from Perth – 2, from Winchester, 3, & 2 children from Exeter – 2, from Knutsford. – 3, from Northampton. -2, from Derby. -1 from Dumfries. -6, and 2 Children from Glasgow. -5, from Edinburgh. 2, and 1 Child from Durham, - 13, from Salford, 13, from Kirkdale, - 9, from Liverpool. – 1, from Preston, - 3, from Leeds, - 2, from Sheffield. – 2, from Maidstone. - 1 from Leicester - 2, from Prestatyn, - 2, from Dorchester. - 4, and 1 Child from Warwick. - 1, and 1 Child from Newcastle upon Tyne, - 1 from Ilchester, - 1, from Bridgewater, - 2, from Stafford, - and 4, with 2 children from Aberdeen, in general good health with the exception of three, referring to cases, 3. 2.5. in this Journal, some complaints cannot be ascertained on their embarkation, by cursory inspection and enquiry nor can it be known until they can conceal it no longer. A few cases of Diarrhoea appeared at Woolwich when first embarked from their using the water closets alongside, which was checked by an Anodyne, - also a few of obstipatio, about 5 weeks after we went to sea, from rejecting their chocolate in the morning & using lemonade when this was served out, this I remedied by dividing the daily rations of Tea to serve morning & evening & less flour giving more Suet & raisons on Beef Days. Two persons were lost on the voyage, A woman & a child, the former 4 days after leaving Margate was delivered of a child in a putrescent state, the labor tedious, and having no expulsive pain after the birth the placenta consequently was retained, inflammation supervened and she died the 9th day, the latter a child 18 mos. old though reduced to a skeleton, on embarkation did not complain until the night before it expired.

Wm. Rogers
Surgeon Superintendent